SULLIVAN ON BURRARD STREET BRIDGE, PG10

The world's largest global newspaper
metro
VANCOUVER • WEEKEND, JULY 10-12, 2009 metronews.ca

Celebrity Buzz

Emma's Potter première mishap pg 22

El Niño could bode ill for Olympics

VANCOUVER 2010 Games

WEATHER El Niño — a naturally occurring phenomenon that causes the Pacific Ocean to warm up and usually reduces snowfall — is back and may impact the 2010 Vancouver Olympics.

Surface temperatures along a narrow part of the Pacific climbed about 0.5 C above normal last month, according to scientists at the U.S. National Oceanic and Atmospheric Administration. The finding led them to announce the arrival of El Niño on Thursday.

Gabor Fricska, a meteorologist at Environment Canada, said the phenomenon, which is gaining strength, is expected to last anywhere from six to 18 months.

"Typically an El Niño results in higher than normal temperatures in the Vancouver area and across Southwestern B.C.," Fricska said.

Warmer temperatures would mean higher freezing levels, which could cause headaches to organizers of the 2010 Winter Olympics.

KARL YU/FOR METRO VANCOUVER

Trial run?

- Last February, the World Cup parallel giant slalom snowboard men's and women's finals were cancelled due to soft snow conditions caused by mild weather. At the time, organizers said the cancellation was a good learning experience that would help them prepare for the 2010 Games.

Saturday International Paralympic Day

LEE HODGSON/METRO VANCOUVER

Members of Canada's men's and women's wheelchair basketball teams warm-up on a downtown Vancouver rooftop Thursday night. The event, hosted by the Canadian Paralympic Committee, aimed to raise awareness about International Paralympic Day on Saturday.

Attack victim touched by anti-racism rally

Courtenay citizens show support after airing of YouTube video

DANIEL TAM
for Metro Vancouver

About 1,000 people attended an anti-racism rally in Courtenay on Thursday in response to the apparently racially motivated attack on a black man last week.

Jay Phillips, 38, who is seen being kicked and punched by three white men in a video posted on YouTube, said the support he has received since the incident has been overwhelming.

"I've had calls from people all around Canada, people I don't even know supporting me," Jay said. "I heard people were talking about this in India, in Moscow, Paris, London."

"There was a lineup of people coming up to me to hug me," the father of a nine-month-old boy said about the rally.

"I had tears in my eyes all morning."

His mother, Kirsten Phillips, said she's also grateful for the support.

"What I'd like to do is publicly thank the person that had the courage to record it," she said.

"I hope that the world sees that it's not all of Courtenay. I just hope that the world sees that Courtenay is a wonderful place to live and we're staying and we're happy with Courtenay, we're happy with the people rallying behind my son."

Phillips added that one of the attackers has sent them a letter apologizing.

"It's a start but it's a little too late. They should have thought of that before they started hurling racial slurs and threats," she said.

Courtenay Mayor Greg Phelps said the rally was a "very positive experience," that gave citizens a chance to have their say.

Plane crashes in Richmond

FATALITIES A small plane with the capacity to carry eight people crashed in Richmond at about 10:15 Thursday night.

TWITTER.COM

The private plane, reportedly a Piper Navajo, was on its way to Vancouver from Victoria when it crashed in an industrial area near the Ikea store, close to the Knight Street Bridge.

By 11 p.m., three ambulances had left the scene, and initial reports said that at least two people had died. Police cordoned off an area of at least two blocks surrounding the crash site.

METRO VANCOUVER

Woman cut by machete treated

COURT A 39-year-old Vancouver woman has undergone surgery after she was attacked by a machete-wielding man downtown.

The weapon sliced through the woman's shoulder and into her clavicle, Vancouver police said on Thursday.

The incident happened at Arco Hotel on West Pender Street after a man was slashed in the forehead during an altercation in a suite on Monday. The man, bleeding heavily, picked up a machete and began chasing two women down the hall.

A third woman grabbed a bicycle and attempted to get away. When the bike got lodged in a door the man raised the machete for a strike. The attacker failed to find the other women and the victim called 9-1-1.

Melvin Lee Carothers, 58, was arrested and appeared in court Thursday morning.

METRO VANCOUVER

LASIK MD VISION
LASER VISION CORRECTION
Starting at $490 /eye*
GST PST
NEW FINANCING
Take Until 2014 to Pay
2014
5 YEARS TO PAY!
FREE Consultation: 604-639-8088 • VANCOUVER: 1281 West Georgia Street • www.lasikmd.com
* Prices are subject to change without prior notice. Prices vary based on prescription strength. Applicable to surgery on both eyes only. † 60 month financing, starting at 8.9% interest, and subject to Desjardins Card Services credit approval.

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Mraz tickets going on sale
Tickets to Jason Mraz's upcoming Vancouver concert go on sale on Saturday at 10 a.m. Mraz, who's newest single I'm Yours was nominated for a Grammy Award for Song of the Year, will be at GM Place on Sept. 30. METRO VANCOUVER

Local

Free Slurpees on Saturday

Vancouver 7-Eleven stores are giving away 26,000 free Slurpees this Saturday as part of the company's 40th anniversary in Canada. Across the country, 461,000 of the cold treats will be given out.
METRO VANCOUVER

News in brief

NOISEMAKERS Vancouver city council turned down on Thursday a $147,000 request by EasyPark to install Mosquito noisemakers in the stairwells of city-owned parkades to stop rowdies from partying after hours.

WARNING Vancouver police are warning the public about a man who tried to lure a 12-year-old boy from the West End Community Centre. The man was searching through garbage cans on July 3 when he asked the boy to come with him in exchange for snacks.

TERMINAL The new domestic terminal at YVR was unveiled yesterday, featuring an additional five gates, six restaurants, four moving walkways and 800 new seats. C-Pier also includes rock faces made from remnants of the Sea-to-Sky Highway construction project.

SURGERIES Vancouver Coastal Health says it plans to cut elective surgeries by 30 per cent during the 2010 Games, news1130.com reports.
METRO NEWS SERVICES

metronews.ca
WHAT'S ONLINE TODAY

Video Dust may have been a key factor in Afghanistan chopper crash, at **metronews.ca/canada**

Video Prime Minister Stephen Harper late for a G8 group photo ... again, at **metronews.ca/canada**

Decision day for ski jumpers

B.C. Supreme Court set to rule Friday on rights challenge

VANCOUVER 2010 Games

KRISTEN THOMPSON
kristen.thompson@metronews.ca

A group of elite women ski jumpers suing for the right to compete in the 2010 Olympics will find out on Friday if VANOC is legally compelled to allow them to participate.

"We're all on pins and needles," said DeeDee Corradini, president of Women's Ski Jumping U.S.A., ahead of the B.C. Supreme Court's ruling, which is slated for Friday.

"It's been a long wait since April when we had the hearing, and we've been anxiously awaiting the decision, not knowing when it was going to come, and now that it's (on Friday) I've got butterflies."

In April, 15 female ski jumpers took VANOC to court, arguing that excluding them from the 2010 Games — where male ski jumpers will compete — violates their charter rights to gender equality.

Corradini said she's "cautiously optimistic" the decision will go their way.

"We're not even thinking about what's next (if the judge backs VANOC). We'll wait for the decision and see where we go from there.

"We felt good about our case and believe the law is on our side and are hoping we're right.

"What we've been really heartened by is the support from Canadians, not just in Vancouver but all across the country as this story has spread, and that is so critical because it's your Games."

The IOC voted to exclude women's ski jumping from 2010, saying there haven't been enough world championships and not enough women compete in the sport to justify its inclusion in the Games.

RAFE ARNOTT/METRO VANCOUVER FILE PHOTO

Ski jumpers Lindsey Van, left, and Jessica Jerome in Vancouver in May 2008. The B.C. Supreme Court will rule Friday whether VANOC is legally compelled to allow them and their colleagues to compete in the 2010 Games.

Police locate van linked to Burnaby man's death

CRIME Police have found and seized the flat red-coloured van that is believed to be involved in the death of a Burnaby businessman, RCMP said Thursday.

Alberto Morgadinho, 60, was killed outside his business in the 7500 block of Meadow Avenue on July 2. The man reportedly died after trying to stop the van after a robbery at his contracting business.

The older-style Econoline van was discovered earlier in the week at a Surrey residence, Mounties said. Its colour had been altered.
METRO VANCOUVER

Outlook on B.C. deficit gets worse

JEFF HODSON
jeff.hodson@metronews.ca

BUDGET B.C. could be sinking much deeper in the red as Finance Minister Colin Hansen admitted Thursday that the projected half a billion dollar 2009-10 deficit is not "anywhere near possible."

In February's budget, the finance minister predicted back-to-back deficits of $495 million in 2009-10 and $245 million in 2010-11, with a return to balanced books by 2011-12.

"Given what I know today, I am not optimistic at all that a $495-million number is anywhere near possible," said Hansen in Victoria during Thursday's release of the 2008-09 public accounts.

Up until the third week in June, Hansen remained hopeful that the province could hit their projected deficit.

On June 24, the federal government provided the province with their estimated projected tax revenues.

"Personal income tax is going to be significantly lower than they had anticipated … but the biggest impact — and the one that took my breath away — was what was happening with corporate income tax revenues in 2008-09."

Hansen will unveil a budget update on Sept. 1.

ROGERS

ABBOTSFORD
Seven Oaks Shopping Centre
(604) 854-1988
West Oaks Mall
(604) 859-0070
Clearbrook Plaza
(604) 556-7702
BURNABY
Crystal Square
(604) 436-3110
Highgate Village
(604) 521-3338
Lougheed Mall
(604) 420-7979
Metropolis at Metrotown
(604) 433-8000
Metropolis
(604) 430-3903
Crystal Square
(604) 718-2112
Metrotown Centre
(604) 432-9303
101-3855 Henning Dr.
(604) 431-2900
CHILLIWACK
Cottonwood Mall
(604) 858-0017
COQUITLAM
Coquitlam Centre Mall
(604) 941-6122
3411 North Rd.
(604) 938-4777
DELTA
Scottsdale Mall
(604) 590-9011
Delta Shoppers Mall
(604) 592-9199
Bay Side Village
(604) 943-3602
5180 Ladner Trunk Rd.
(604) 946-7100
LANGLEY
Fraser Crossing
(604) 532-0440
Willowbrook Mall
(604) 532-9099
Willowbrook Kiosk
(604) 532-8400
Thunderbird Centre
(604) 881-2050
MAPLE RIDGE
Valley Fair Mall
(604) 466-1675
Westgate Mall
(604) 460-2888
MISSION
Mission Hill Plaza
(604) 820-0811
NORTH VANCOUVER
310-333 Brooksbank Ave.
(604) 988-2803
1422 Lonsdale Ave.
(604) 983-3025
Norgate Plaza
(604) 983-3335
Westlynn Shopping Mall
(604) 984-8900
RICHMOND
Aberdeen Centre
(604) 279-9187
Continental S/C
(604) 279-8868
10400 Bridgeport Rd.
(604) 244-0550
Empire Centre
(604) 276-9868
Richmond Centre
(604) 273-2203
Landsdowne Mall
(604) 247-2355
Aberdeen Centre
(604) 303-8811
200-8877 Odlin Cres.
(604) 718-8888
SAANICH
401A-3989 Quadra St.
(250) 389 2818
SURREY
Central City
(604) 583-7000
Guildford Town Centre
(604) 951-9399
Nordel Crossing
(604) 584-5000
Semiahmoo Mall
(604) 536-1010
Khalsa Business Mall
(604) 572-9955
101-7320 King George Hwy.
(604) 599-5522
500-18696 Fraser Hwy.
(604) 576-6360
Southpoint Exchange
(604) 531-2500
Cloverdale Crossing
(778) 571-0776
SQUAMISH
3B-40437 Tantalus Rd.
(604) 892-1122
VANCOUVER
Bental Centre Mall
(604) 602-0968
Champlain Heights
(604) 433-4991
155-139 Keefer St.
(604) 683-8283
6510 Fraser St.
(604) 325-6665
1807 Burrard St.
(604) 736-3326
Oakridge Centre
(604) 267-1011
City Square
(604) 876-0888
208 Keefer St.
(604) 688-3883
5759 West Blvd.
(604) 267-6383
2691 Broadway W
(604) 736-1813
920 Davie St.
(604) 684-5981
1022 Mainland
(604) 608-2448
UBC-2160 Western Parkway
(604) 221-5505
601 Robson St.
(604) 682-4333
1295 Robson St.
(604) 685-8518
1093 Robson St.
(604) 628-1388
Kingsgate Mall
(604) 879-1003
3565 Kingsway
(604) 435-8888
WEST VANCOUVER
862 Park Royal N
(604) 921-1488
K-012 Park Royal S
(604) 921-4880
WHISTLER
4314 Main St.
(604) 932-2021

ROGERS plus

ABBOTSFORD
Abbotsford Village Shopping Centre
(604) 852-5863
101-3240 Mt. Lehman Rd.
(604) 856-0151
320-32500 South Fraser Way
(604) 854-1440
BURNABY
6512 East Hastings St.
(604) 291-9068
9869 Austin Ave.
(604) 421-7500
7645 Royal Oak Ave.
(604) 451-0233
Old Orchard Shopping Centre
(604) 433-6125
Brentwood Mall
(604) 320-0789
CHILLIWACK
40 Salish Plaza
(604) 792-7609
COQUITLAM
Coquitlam Plaza
(604) 464-4222
Austin Avenue Mall
(604) 931-5332
Westwood Plateau Village
(604) 464-5862
Como Lake Village
(604) 931-8104
COURTENAY
Courtney Crossing Mall
(250) 334-3070
DELTA
Sunshine Hills Shopping Centre
(604) 591-7767
LANGLEY
Fraser Park Shopping
(604) 530-3422
Willowbrook Park Shopping Centre
(604) 533-8555
MAPLE RIDGE
Pacific Colonnade
22430 Dewdney Trunk Rd.
(604) 467-2231
100-20398 Dewdney Trunk Rd.
(604) 460-6527
MISSION
Lougheed Mission Plaza
(604) 820-4869
NEW WESTMINSTER
Columbia Square
(604) 524-1100
Royal Square Mall
(604) 515-8213
NORTH VANCOUVER
972 Marine Dr.
(604) 986-7500
1661 Lonsdale Ave.
(604) 980-7291
Capilano Mall
(604) 983-9744
Port Coquitlam
Prairie Mall
(604) 552-3316
Shaughnessy Station
(604) 947-2423
RICHMOND
8900 No. 1 Rd.
(604) 241-0711
192-8180 No. 2 Rd.
(604) 275-4848
8360 Granville Ave.
(604) 244-8446
Garden City Shopping Centre
(604) 244-7800
Ironwood Plaza
(604) 241-8441
SURREY
8112 120 St.
(604) 599-0099
10340 152 St.
(604) 588-8900
101-7175 138 St.
(604) 599-8880
8934 152 St.
(604) 581-2287
Cedar Plaza
(604) 581-7884
Peninsula Village Shopping Centre
(604) 538-8828
Surrey Place
(604) 584-7274
Clover Square Village
(604) 574-6341
VANCOUVER
2097 Broadway W
(604) 676-7015
1674 Davie St.
(604) 687-8000
2696 East Hastings St.
(604) 254-9555
5593 West Blvd.
(604) 266-6097
8377 Granville St.
(604) 266-1500
1295 Davie St.
(604) 669-7377
2200 York Ave.
(604) 732-5007
1027 15th Ave. W
(604) 731-1699
5603 Victoria Dr.
(604) 301-1836
Pacific Centre
(604) 801-5292
WEST VANCOUVER
Park Royal Shopping Centre
(604) 926-2623
180-5341 Headland Dr.
(604) 925-6470
WHITE ROCK
White Rock Plaza
(604) 538-5578

CANADA'S MOST RELIABLE NETWORK.

FEWEST DROPPED CALLS | CLEAREST RECEPTION

Every one of your calls is important. That's why we make certain your connections are as strong as they possibly can be. In fact, we've been independently proven to have the fewest dropped calls and the clearest reception in Canada[†]. So no matter where you are, you can be sure your Rogers wireless network will connect you clearly from start to finish.

Visit **rogers.com/reliable** for details.

ROGERS™

ROGERS™ authorized dealer · ROGERS plus · THE SOURCE · WIRELESSWAVE · booth · WIRELESS etc... · COSTCO WHOLESALE · FUTURE SHOP · BEST BUY · WAL★MART

[†]Most reliable network claim refers to call clarity and dropped calls test results as conducted by Rogers and a recognized third-party research company in the majority of urban Canadian centres within the Rogers Wireless footprint, comparing voice services of other major wireless providers.

™Trademarks of Rogers Communications Inc. used under license. © 2009 Rogers Wireless.

Powell Street Festival moving to Woodland Park
The 33rd annual Powell Street Festival — Vancouver's celebration of Japanese culture — will be held at Woodland Park this year because of construction on Powell Street. The event takes place on Aug. 1 and 2. METRO VANCOUVER

Visiting Japantown's past

Emperor and Empress will tour Japan museum on trip through province

KRISTEN THOMPSON
kristen.thompson@metronews.ca

It might be hard to imagine now, but 70 years ago, the neighbourhood around Oppenheimer Park in the Downtown Eastside was a booming hub of Japanese culture.

At the turn of the century, several thousand Japanese immigrants settled in the area around Powell and Alexander streets — as well as in Steveston — where they worked in the fishing and lumber industries.

"There'd be tofu-making shops and confectionary shops. It was the hub (of the Japanese community)," said Linda Kawamoto Reid, assistant archivist at the Japanese Canadian National Museum in Burnaby.

On Monday, the Emperor and Empress of Japan will take a visit to the museum.

Reid said Japantown — also known as Nihonmachi — thrived until late 1941, when Japan bombed Pearl Harbor.

HANDOUT

People from Hiroshima gather for a picnic in Vancouver's Nihonmachi — also known as Japantown — around 1920.

"People were very afraid of the Japanese Imperial Army and (by late 1941) that fear really … got out of control," she said.

The government set up the B.C. Security Commission, which shipped around 22,000 Japanese Canadians to internment camps in the Interior and auctioned off their properties.

When the war ended, the families were told they could go to Japan or move east of the Rockies.

"In the end, there was a large amount that went to Toronto … Some went back to fishing communities," Reid said. "Nobody ever went back to Nihonmachi."

Arrival and past

- Japan's Emperor Akihito and Empress Michiko arrive in Vancouver Friday to begin the second half of their 10-day state visit to Canada. The royal couple will begin with a tour of Richmond's Olympic Ice Oval before they head to Victoria Friday afternoon. They return to Vancouver on Sunday and plan to visit a number of sites, including the Japanese Language School in the Downtown Eastside. For the public, the best opportunity to see the emperor and empress may be Tuesday morning outside the new Vancouver Convention Centre, prior to a reception hosted by Japan's ambassador.

Emperor Akihito

- In 1988, then-prime minister Brian Mulroney issued an official apology and financial compensation to the Japanese Canadians who were interned and their descendants.

'We lived a hunted life'

KARL YU
for Metro Vancouver

COALITION War crimes committed by Japanese soldiers during the Second World War — sometimes referred to as the Asian Holocaust — aren't well documented, according to a coalition of Vancouver-based multi-ethnic organizations.

On Thursday, the Japanese Canadian Citizens Association and the Women's International League for Peace and Freedom, wrote an open letter welcoming the Japanese Emperor and Empress and at the same time seeking reconciliation.

The Japanese soldiers are accused of forcing women in conquered territories to become "comfort women," or military sexual slaves, and of indiscriminate killing.

Florchita Bautista of Migrante, B.C. said she lived in the Philippines during the years of the Second World War.

The daughter of a politician, she said her father was asked to become a puppet governor after Japan occupied the country — he refused. "We lived a hunted life until my father was finally caught, tortured and assassinated by the Japanese," Bautista claimed.

News in brief

SUZUKI Forty years before David Suzuki became a household name, the Vancouver-born scientist and environmental activist lived in a Japanese internment camp. Suzuki was born in 1936 and grew up in Marpole in the back of the family's dry cleaning business. Like many British Columbians of Japanese descent, Suzuki — a third-generation Canadian — was sent with his family to an internment camp in Slocan after Japan bombed Pearl Harbour in 1942. The government sold his father's dry cleaning business, and when the war ended the family was sent east, eventually settling in London, Ont. Suzuki returned to his hometown 20 years later to work at the University of B.C. — where he continued to teach until his retirement in 2001. METRO VANCOUVER

1st Birthday Celebration!
North Vancouver & Burnaby locations only
nood™
new objects of desire
50% OFF
everything... yes everything!
*all regular priced merchandise
PLUS
vespa giveaway!
3 days only!
Friday, Saturday, Sunday
July 10-12th
Vespa Model S50, MSRP $3995 provided by Urban Wasp.
One given away per location. Conditions apply, see instore for details.
URBAN WASP
www.urbanwasp.com
• 801 marine drive, north vancouver (fell avenue & marine drive) • 604 929 7757 •
• 4568 kingsway, burnaby (kingsway & mckay) • 604 433 6999 • www.nood.ca •

FLIGHT CENTRE® Unbeatable

Airfares

PUERTO VALLARTA
FROM **$198**
+ taxes & fees $263

Las Vegas	FROM **$218** + taxes & fees $107
Cancun	FROM **$299** + taxes & fees $216
New York	FROM **$398** + taxes & fees $116
Hawai'i	FROM **$438** + taxes & fees $104
Lima	FROM **$669** + taxes & fees $224
Buenos Aires	FROM **$679** + taxes & fees $255
Bangkok	FROM **$699** + taxes & fees $385
Cairo	FROM **$899** + taxes & fees $332
Sydney	FROM **$899** + taxes & fees $390

Europe Airfares

PARIS
FROM **$349**
+ taxes & fees $407

Frankfurt	FROM **$249** + taxes & fees $313
Amsterdam	FROM **$349** + taxes & fees $357
Barcelona	FROM **$404** + taxes & fees $359
Rome	FROM **$599** + taxes & fees $368

Multi-stop Airfares

AUSTRALIA
FROM **$1199**
+ taxes & fees $427
Vancouver – Brisbane – Melbourne – Adelaide – Sydney – Vancouver

Europe Capitals FROM **$1360** + taxes & fees $457
Vancouver – Amsterdam – Prague – Madrid – Vancouver

South Africa FROM **$1544** + taxes & fees $395
Vancouver – Amsterdam – Johannesburg – Cape Town – Vancouver

South America FROM **$1593** + taxes & fees $390
Vancouver – Buenos Aires – Santiago – Sao Paulo – Vancouver

South East Asia FROM **$1899** + taxes & fees $268
Vancouver – Hong Kong – Bangkok – Singapore – Bali – Vancouver

CANADA ON SALE!

Save on domestic airfares, packages, hotels, car rental and rail passes

Canada on Sale Airfares

RECEIVE $10◊
Book any roundtrip Air Canada domestic airfare by July 31st & receive an additional $10◊ off.

Calgary	FROM **$190** + taxes & fees $95
Montreal	FROM **$398** + taxes & fees $116
Toronto	FROM **$398** + taxes & fees $120
Halifax	FROM **$678** + taxes & fees $125

AIR CANADA

Canada on Sale Holidays

BANFF
FROM **$239**
taxes & fees included
INCLUDES 2 nights 3-star accom in Banff, 2-day car rental with unlimited mileage and Banff city and wildlife tour. **SAVE** $10◊ when you book Air Canada airfare.

Niagara Falls FROM **$199** taxes & fees included
INCLUDES 2 nights 3-star accom just one block from Niagara Falls and *Maid of the Mist* boat cruise. **SAVE** $10◊ when you book Air Canada airfare.

Wells Gray Park
Paddle & Hike FROM **$579** taxes & fees included
INCLUDES 3 nights accom at the Wells Gray Ranch, all meals, guided hiking, canoe trips and park user fees.

Ontario & Quebec
Fairmont Experience FROM **$879** taxes & fees included
INCLUDES 8 nights accom at the Fairmont Hotels in Toronto, Montreal, Pointe-au-Pic Quebec and Quebec City, Toronto city tour, personalised roadbook, guide map and detailed daily itinerary. **SAVE** $10◊ when you book Air Canada airfare.

Rocky Mountaineer
Rail Tour FROM **$2399** taxes & fees included
INCLUDES 7 nights accom from Calgary to Vancouver, some meals, Calgary to Banff transfers, full day excursion to Columbia Icefield and Ice Explorer ride, Banff to Vancouver rail passage aboard the *Rocky Mountaineer* (RedLeaf Service), Vancouver trolley tour and full day excursion to Victoria & Butchart Gardens. **OPTION** rail tour also operates in a reverse itinerary.
SAVE $10◊ when you book Air Canada airfare.

Cruise Holidays

LAS VEGAS
CRUISE & STAY
FROM **$699**
+ taxes & fees $185
INCLUDES 5-day cruise from Vancouver to LA visiting Astoria and San Francisco, airfare to Las Vegas, 3 nights 4-star accom on the Strip and return airfare to Vancouver. Port charges included.
BONUS Cirque Du Soleil tickets included.

Hawai'i Cruise FROM **$785** + taxes & fees $76
INCLUDES 7-day Norwegian cruise, onboard meals & entertainment. Sail roundtrip from Honolulu and visit Maui, Hilo, Kona and Kauai. Port charges included.

Alaska & Far East
Cruise & Stay FROM **$2369** + taxes & fees $336
INCLUDES 22-day cruise from Vancouver to Beijing with 16 ports of call including 4 Alaska ports, Japan, Russia, South Korea and 3 ports in China, 3 nights central Beijing accom and return airfare to Vancouver. Port charges included.
BONUS tour of the Great Wall, Forbidden City & Tiananmen Square included.

Holidays

ANAHEIM
FAMILY HOLIDAY
FROM **$499***
+ taxes & fees $115
INCLUDES roundtrip airfare, transfers, 5 nights 3.5-star accom near the *Disneyland* Resort and 5-day *Disneyland* Resort *Park Hopper* Bonus Ticket.

Las Vegas
Cirque du Soleil FROM **$389** + taxes & fees $110
INCLUDES roundtrip airfare and 4 nights 4-star accom on the Las Vegas Strip. **BONUS** tickets to Cirque du Soleil or *Disney's The Lion King* included.

California Fly & Drive FROM **$449** + taxes & fees $122
INCLUDES airfare into San Francisco and return from San Diego and 7-day car rental and unlimited mileage. Package can operate in reverse order.
UPGRADE to convertible car rental for $99.

New York FROM **$589** + taxes & fees $149
INCLUDES roundtrip airfare and 3 nights 4-star accom across from Grand Central Station.
ADD Broadway musical tickets from $140.

Europe Holidays

BARCELONA
STARTER PACKAGE
FROM **$599**
+ taxes & fees $359
INCLUDES roundtrip airfare and first 3 nights 4-star central accom with breakfast.

London FROM **$827** + taxes & fees $457
INCLUDES roundtrip airfare, transfers and 7 nights 3-star central accom with breakfast daily.
BONUS essential London half-day excursion included.

Paris FROM **$962** + taxes & fees $326
INCLUDES roundtrip airfare, transfers and 6 nights 3-star central accom with breakfast daily.

Amsterdam & Paris FROM **$1199** + taxes & fees $393
INCLUDES airfare to Amsterdam and return from Paris, first 2 nights 3-star unique boat accom in Amsterdam, last 2 nights 3-star accom in Paris and 4-day Eurail Benelux-France pass.

England
Knights & Wizards Tour FROM **$1658** taxes & fees included
INCLUDES Harry Potter in the Cotswolds Tour, In Search of King Arthur Tour, 5 nights accom with breakfast & dinner daily, entrance fees and tour guide and leader.

Sun Holidays

HAWAI'I
ISLAND COMBO
FROM **$929**
+ taxes & fees $113
INCLUDES roundtrip airfare, 3 nights 3-star accom in Waikiki, inter-island flight and 3 nights 3-star accom in Maui. **ADD** Maui paddle, snorkel & learn to surf tour from $159.

Puerto Vallarta FROM **$498** + taxes & fees $263
INCLUDES roundtrip airfare, transfers and 7 nights 4-star all-inclusive accom.

Mayan Riviera FROM **$697** + taxes & fees $263
INCLUDES roundtrip airfare, transfers and 7 nights 4.5-star all-inclusive accom.

PERFECT HOLIDAY PROMISE
Enjoy your holiday or we'll give you $100 towards another one!†

1 877 583 5444 | flightcentre.ca

*Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. ◊Valid on new bookings only made in-store with Flight Centre on Air Canada roundtrip domestic airfare when purchased by July 31, 2009. *Family price is per person based on 2 adults and 2 children ages 3 - 9. † The Perfect Holiday Promise applies to bookings made at Flight Centre shops within Canada. A $100 voucher for future travel will be provided to customers who experience an unwanted deviation from their paid itinerary. For full details visit www.flightcentre.ca or speak to a Flight Centre consultant. BC REG: #HO2790*

Canada takes beef with South Korea to WTO

Canada is taking its long-standing dispute with South Korea over beef exports to the World Trade Organization, after failing to convince its fourth-largest beef market that its products are safe from mad cow disease. **REUTERS**

Canada

Ottawa mulls 'cash for clunkers'

Federal Environment Minister Jim Prentice, left, said Thursday Ottawa is looking into whether to offer consumers more incentives to retire their old, polluting cars and buy new vehicles, CBC News Online reports. "We're assessing it now. Certainly any changes we make would come into effect this fall," he said in an interview. Last month, U.S. President Barack Obama signed his country's billion-dollar "cash for clunkers" law. METRO NEWS SERVICES

News in brief

PHOTO OP Canada provided the comic relief at the "family" photo of leaders of industrialized countries and their poorer cousins. Thursday the group was, once again, waiting for Prime Minister Stephen Harper to show up for an official photo. U.S. President Barack Obama jogged into his spot to cheers. Harper's international colleagues giggled, as some called out, "Harper? Harper? Where's Harper?" The Canadian leader finally arrived almost two minutes after Obama. In April, at London's G20 summit, Harper was absent for the first take of a "family photo," as he was reportedly in the washroom at the time. **TORSTAR NEWS SERVICE**

FINANCES Canada still aims to reduce its debt-to-GDP ratio to 25 per cent, Finance Minister Jim Flaherty said Thursday, but he could not say how long it might take to reach that goal, which was abandoned during the recession. Before the global financial crisis, the Conservative government had pledged to reach the 25 per cent target by 2011-12. But the budget in January 2009 said the debt-to-GDP ratio would rise to about 32 per cent from 29 per cent.

OPINION POLLS The Liberals have lost the slight lead in popular support they had over the Conservatives and the two parties are now in a statistical "dead heat," at 32.2 and 31 per cent respectively, a new poll said Thursday. Recent Ekos polls have largely shown the Liberals slightly ahead, but not by enough to guarantee any kind of election victory. A party needs around 36 or 37 per cent of the popular vote to stand a chance of forming a minority government. **REUTERS**

ShareYourViews
vancouverletters@metronews.ca

A royal welcome

'Prince of Pot' Emery makes Edmonton stop

VICTORIA HANDYSIDES
Metro Canada

Smokey grey clouds circled overhead and rose from an Edmonton park teeming with pro-pot supporters yesterday, who gave the country's "prince" a royal sendoff.

Marc Emery made the fifth visit of his 32-stop farewell tour yesterday. The man dubbed the "Prince of Pot" will be hitting every major Canadian city before turning himself in to U.S. authorities in the fall.

"This is a lifelong battle. Even if pot is legal one day, there will always be some tyrant trying to recriminalize it," he said, adding his impending incarceration is for a "victimless" and "transparent" crime.

The marijuana legalization activist is ending a four-year flight from extradition. He's sought on three charges for selling pot seeds across the border via mail, through his pot-culture magazine Cannabis Culture.

"Essentially, I sold seeds to consenting adults in the United States," he said, adding U.S. authorities determined the four-to-six million seeds he sold in America would have yielded 1.1 million pounds of pot.

"They say that makes me the largest trafficker in the history of the U.S. criminal justice system. They decided if they can take me down, it will stop the movement. It won't."

Officials have agreed to drop two of three charges in exchange for a guilty plea. Emery expects to serve five years in a U.S. prison for one count of drug trafficking, though he hopes he'll be able to serve his time in a Canadian prison.

"I don't think of myself as suffering," he said.

JAMES MACLENNAN/FOR METRO CANADA

Canadian cannabis and libertarian activist Marc Emery takes a hit from a bong before speaking to his supporters in Edmonton Thursday. The "Prince of Pot" is facing extradition to the U.S.

Harper lauds U.S. in talks

G8 SUMMIT Despite opposition to his efforts, led by China and India, the next generation of big polluters, the U.S. President Barack Obama emerged as a standard bearer for a multilateral approach on climate change and on food security.

Prime Minister Stephen Harper and Australian Prime Minister Kevin Rudd hailed the return of U.S. leadership on climate change under Obama.

Harper boasted the U.S. has finally come round to his own view, saying Obama's climate-change targets are "virtually identical to ours.

"I've been saying for a decade it is essential for Canada to have realistic participation from the United States."

CHRIS WATTIE/REUTERS

Prime Minister Stephen Harper poses for a photo with Denisse Rudich, one of the junior G8 delegates, during the G8 summit in L'Aquila, Italy, yesterday.

Without similar regulations in both countries, said Harper, "we will simply have a loss of business and production to the United States."

Harper's government has still not introduced its regulations for large industrial polluters.

And Environment Minister Jim Prentice cast a pall on Obama's optimistic view of the deals reached here, calling the target for countries to cut emissions by 80 per cent by 2050, relative to an unspecified baseline year, "aspirational." **TORSTAR NEWS SERVICE**

Prairie farmers flood Ottawa with claims

CROPS Farmers in drought-stricken Saskatchewan and Alberta have flooded government insurance programs with crop insurance claims.

In Alberta, the hardest hit by drought, farmers have filed 2,000 claims after turning poorly growing grain and hay crops to pasture or feed — or using chemicals to wipe them out altogether to salvage soil nutrients.

That's a four-fold increase in claims from the five-year average, but only one-third of the claims Alberta farmers made in the drought year of 2002, said Lorelei Hulston, insurance manager for Alberta's Agriculture Financial Services Corp.

"Early conditions were really dry and cold in lots of areas. In some cases, those crops just aren't turning out," she said.

The worst drought in the grain-growing region in at least 50 years, following a cold spring, has hobbled crop development and made pasture scarce. **REUTERS**

Rise from 2008

- Alberta farmers have separately filed 273 claims for land that they are reseeding in hopes of reaping a crop, 54 per cent more than last year.

Dial without pausing
10-10-100
+1+The Number

Make Easy Phone Calls
To Canada & USA with Telehop.
The Smart Alternative.

No Contracts
No Signups
No Extra Charges

1.6¢ per minute

www.telehop.com | 1·888·882·8056 | 10-10-100 | Telehop The Smart Alternative

#135 06/09

Flat rate of 25¢ for first 15 minutes. Calls to cell phones may be at a different rate. Rates subject to change without notice. Terms and conditions apply, please see website for details.

Find the certainty you seek.

Bundle on the most reliable home network.*

Get a great deal on your home phone services when you sign up for TELUS High Speed. You'll get:

- TELUS home phone with unbeatable call quality*
- 1 Calling Feature
- 4¢/min. North American calling†

$20.95/mo.‡

When you sign up for High Speed.

Plus, get 1 month of your new services FREE.**

TELUS

the future is friendly®

Call 310-1144 or visit telus.com/bundle or your nearest TELUS authorized dealer.

*Based on total service disruptions and outages experienced by clients in the past year. †Applies to direct-dialled long distance calls only. Overseas calls terminating on a wireless phone or audio text facilities may be subject to higher rates. ‡Offer available until August 4, 2009 to residential clients in select locations who sign up for TELUS High Speed Internet and who have not signed up for this service in the past 90 days. Minimum bundle rate available is $40.95/month based on High Speed Lite Internet service. 911 service charges and taxes are extra. Limited time offer, subject to change on 30 days notice. **1 month of new services is available for free to clients who have not signed up for TELUS High Speed Internet in the past 90 days and will be applied to the client's account within the first 12 months of service. Minimum system requirements apply. © 2009 TELUS.

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver
551 Robson St.
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
501 West Georgia St.
2338 Cambie St.
101 - 925 West Georgia St.
5720 East Blvd.
689 Thurlow St.
3 - 1855 Burrard St.
3121 West Broadway
2748 Rupert St.
1 - 525 Seymour St.
150 - 625 Howe St.
105 - 950 West Broadway
1707 Robson St.
1092 Kingsway
10 - 3490 Kingsway

Aldergrove
310 - 26310 Fraser Hwy.

Abbotsford
Sevenoaks Shopping Centre
2 - 32915 South Fraser Way
1 - 2142 Clearbrook Rd.
401 - 2140 Sumas Way

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
214B - 4501 North Rd.
4711 Kingsway
111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

Chilliwack
Cottonwood Mall
103 - 45300 Luckakuck Way
11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale
201 - 17725 64th Ave.

Coquitlam
Coquitlam Centre
101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

Delta
Scottsdale Mall
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
3 - 19638 Fraser Hwy.
103 - 19700 Langley Bypass
C104 - 20159 88th Ave.
19971 96th Ave.
C7 - 20202 66th Ave.

Maple Ridge
22661 Lougheed Hwy.

Mission
100 - 32670 Lougheed Hwy.
318 - 32555 London Ave.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
127 - 1199 Lynn Valley Rd.
1295 Marine Dr.
1748 Lonsdale Ave.
1392 Main St.

Pitt Meadows
735 - 19800 Lougheed Hwy.

Port Moody
202 Newport Dr.

Richmond
Aberdeen Centre
Admiralty Centre Mall
Ironwood Mall
Parker Place
Richmond Centre
115 - 12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Guildford Town Centre
201 - 13734 104th Ave.
135 - 12477 88th Ave.
30 - 16041 24th Ave.
1675 128th St.
108 - 7380 King George Hwy.
403 - 15940 Fraser Hwy.
10310A 152nd St.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
10 - 3189 King George Hwy.

OKANAGAN/NORTHERN BC

Aberdeen Mall (Kamloops)
Northills Centre (Kamloops)
C - 1815 Rogers Place (Kamloops)
Orchard Park Mall (Kelowna)
Spall Plaza (Kelowna)
Cherry Lane Shopping Centre (Penticton)
Pine Centre (Prince George)
Piccadilly Mall (Salmon Arm)
Village Green Mall (Vernon)

Whistler
7009 Nesters Rd.

Squamish
38116 2nd Ave.

Emerging El Nino set to drive up carbon emissions

Across the globe an emerging El Nino weather pattern threatens to cause droughts and floods and trigger a spike in planet-warming greenhouse gas emissions from burning forests. Trying to predict how El Nino will be affected by global warming is a major challenge, scientists say. REUTERS

World

North Korea suspected in cyber attacks

A fresh wave of cyber attacks that slowed U.S. and South Korean websites this week hit more targets Thursday, a web security firm said, while the South's spy agency has said the hacking may be linked to North Korea. The impact of the attacks, aimed so far at dozens of sites including the White House and the South's presidential office, was seen as negligible, experts said, but served as a reminder that Pyongyang has been planning for cyber warfare. REUTERS

China's leader has tough words

UNREST Chinese President Hu Jintao, forced to abandon the G8 summit in Italy by ethnic violence in Xinjiang, said that maintaining social stability in the energy-rich region was the "most urgent task," state television reported on Thursday.

Hu described Sunday's deadly riots in the regional capital Urumqi as a "serious violent crime elaborately planned and organized by 'three forces' at home and abroad," an apparent reference to religious extremists, separatists and terrorists.

Hu, who doubles as Communist Party chief, told the decision-making Politburo late on Wednesday that local authorities should "isolate and deal a blow to the small group" of rioters and to "unite and educate the majority" of Uighurs.

Foreign Ministry spokesman Qin Gang shrugged off Turkey's call for the UN Security Council to discuss ways of ending the violence, saying Xinjiang was an internal affair.

Thousands of Chinese troops took up position in the riot-damaged streets of Urumqi in a show of force aimed at stifling ethnic violence. REUTERS

156

Official death toll from Sunday's riots in Urumqi, China.

Obama sees G8 progress

However, UN says climate change strides not enough

U.S. President Barack Obama said on Thursday the world had made "important strides" towards arresting climate change by agreeing to limit warming, but UN chief Ban Ki-moon said it was simply not enough.

Obama

"This is politically and morally (an) imperative and historic responsibility ... for the future of humanity, even for the future of the planet Earth," said Ban.

Major economies meeting in Italy agreed to restrict global warming to two degrees C — a development that was unthinkable 12 months ago, before Obama was elected president of the world's second-biggest greenhouse gas emitter.

But the Group of Eight rich nations failed to persuade top emitter China and India to join in a push to reduce global greenhouse gas emissions by 50 per cent by 2050 — a blow to efforts to secure a new UN pact by the year's end.

And Canada and Russia appeared to turn their back on the G8's stated aim of cutting its emissions by 80 per cent by 2050 within 24 hours of it being announced.

"It really fits together well with the pathway that Canada is on, that the government adopted, to reduce our emissions by minus 20 per cent by 2020, and then by 2050 to reduce them by as much as 60 to 70 per cent," Environment Minister Jim Prentice told CBC.

On the first day of the summit, the G8 acknowledged there are still risks to financial stability from the economic crisis, but tough new rules for global business and finance will be left to the broader G20 meeting in Pittsburgh in September.

Ahead of development talks on Friday that include leaders of nine African nations, including Libya's Muammar Gaddafi, plus international food and farming aid agencies, the G8 was likely to pledge $15 billion to a U.S.-led plan on food security. REUTERS

Bombs kill 50 as violence flares in Iraq

BAGHDAD Bombs in Baghdad and northern Iraq killed at least 50 people on Thursday, police said, underscoring doubts about local forces' ability to keep Iraqis safe after U.S. troops pulled out of city centres.

The attacks in the north, where tensions between Arabs and Kurds threaten to flare into Iraq's next conflict, and in the capital appeared to be part of an attempt by insurgents to reignite sectarian fighting following the partial U.S. pullback.

Two suicide bombings in Tal Afar, a town in volatile Nineveh province that is mainly home to minority Turkmen of the Shi'ite Muslim faith, killed 34 people and wounded 60.

Nineveh and its main city Mosul have suffered a steady drumbeat of attacks since June 30, when U.S. troops withdrew from urban centres. REUTERS

AZAD LASHKARI/REUTERS

A boy hurt in a bomb attack lies in a hospital in Dahuk, Iraq.

OMAR SOBHANI/REUTERS

The site of an explosion in Logar province south of Kabul.

15 students among blast victims

AFGHANISTAN An explosion outside a school south of the Afghan capital on Thursday killed at least 25 people, including 15 students, officials said. The blast in Logar province was the latest incident in an escalation of violence across Afghanistan since U.S. Marines launched a major new offensive a week ago. Officials said the Logar blast was caused by explosives hidden beneath a pile of firewood in the back of a truck that had crashed overnight, leading to speculation the explosives could have been meant for an attack elsewhere.

The blast went off as police checked the abandoned truck in the morning, authorities said. REUTERS

Insurgency

- Afghanistan's east and south have long been Taliban strongholds, although a growing insurgency has spread out of those areas in recent months to the relatively safer north and even to the outskirts of Kabul.

China Earthquake aftermath

REUTERS/STRINGER

Residents stand on the debris of collapsed houses in the earthquake-hit Yao'an county, Yunnan province early this morning. Hundreds of people were injured and thousands of homes damaged by a 6.0 magnitude earthquake in southwest China's Yunnan province on Thursday, Xinhua News Agency said.

All are hiring and we as Aboriginals have first opportunity to be hired!
Tuesday, July 14th, 2009.
1500 PAID Positions! Available
Aboriginal Employment Opportunities 2010 and Beyond
REGISTER NOW !
Please visit our website at www.fnes.ca
Don't miss out on this opportunity! Bring your resume in now!
395 Railway Street, Vancouver, BC
For more information contact: Brandon Styles 604-605-8901 ext. 13
In partnership with: First Nations Employment Society, ACCESS, MNBC

News in brief

IRAN Riot police fired in the air to disperse pro-reform demonstrators in central Tehran on Thursday, nearly four weeks after a disputed election triggered mass protests across Iran, a witness said. Police detained several people among hundreds of protesters who turned up near Tehran University in defiance of a ban on gatherings for the anniversary of violent student demonstrations in 1999, the witness told Reuters. Another witness said police also used tear gas. Even though Thursday's rally was a far cry from those that erupted after the vote, it was a sign of continuing discontent among at least some opposition supporters, who took part in the demonstration despite a heavy presence by the security forces.

ISRAEL Israeli Prime Minister Benjamin Netanyahu received lukewarm ratings in a poll on Thursday on his first 100 days, and the opposition accused him of "zero" achievements during that time. A solid majority of the public backed his refusal to freeze building activity within existing Jewish settlements in the occupied West Bank, but there were signs of discomfort with the rift this policy has created with the United States. Another survey, broadcast by Israel Radio, found Netanyahu had a 5.6 approval rating out of 10. REUTERS

Flu prompts early school vacations in Peru
Peru announced millions of children will have early winter holidays to help stop the spread of influenza A (H1N1), also known as swine flu. REUTERS

U.S. reporter admits she broke the law

One of two American journalists held in North Korea has told her sister they broke the law and an amnesty is their only hope of release, but said they have not yet been sent to a work camp to begin a 12-year sentence of hard labour.

Lisa Ling told Sacramento NBC affiliate KCRA that her sister Laura Ling told her by telephone on Tuesday that she and colleague Euna Lee had violated North Korean law and needed help from the U.S. government to secure amnesty.

She quoted Laura Ling as saying: "We broke the law, we are sorry, and we need help. We need our government's help to try and get amnesty because that really is our only hope."

The reporters for Current TV, a media outlet co-founded by former vice-president Al Gore, were arrested in March near the China-North Korea border while reporting on the trafficking of women. They were sentenced on June 8 for illegal entry and "great crimes."

> **"We broke the law, we are sorry, and we need help. We need our government's help to try and get amnesty because that really is our only hope."**
> Laura Ling

Many in Washington fear the reclusive communist state hopes to use the women's case as leverage as it resists international pressure to halt its nuclear arms program.

Aides to U.S. President Barack Obama are working to secure the women's release, but the administration wants to keep the issue separate from the larger diplomatic standoff sparked by a nuclear test in May and a series of missile launches.

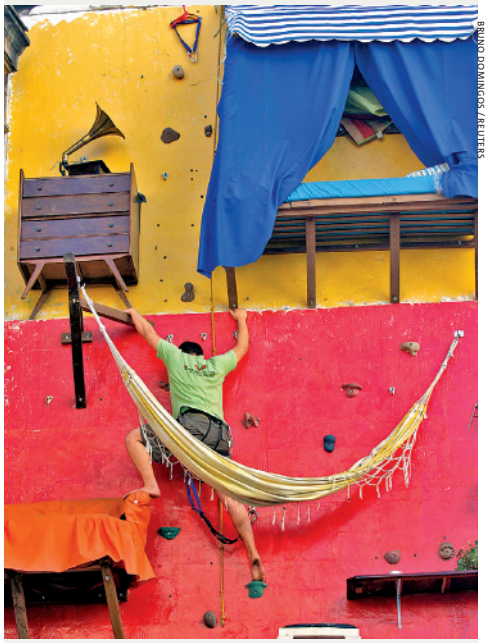
Lisa Ling said the women had not gone yet to a labour camp. "We aren't sure exactly where they are or specifically how they are. When we asked, Laura said the conditions are OK, we're OK, don't worry," Ling said.

She said both women had medical problems that had been preventing their being sent to a labour camp. "My sister has a recurring ulcer. Euna has lost 15 pounds," she said.

Ling added: "But they're very afraid that at some point they may be sent to a labour camp if things aren't done before."

REUTERS

Rio de Janeiro **Hanging out**



BRUNO DOMINGOS / REUTERS

Brazilian artist Tiago Primo scales a wall. Primo and his brother have essentially made a house on the side of a building in a bustling part of Rio de Janeiro, to the bemusement of passers-by. Using climbing gear, they move between a bed, a desk, a hammock and a gramophone, all nailed to the wall.

Nigerian rebel leader welcomes amnesty offer

AFRICA Nigerian militant leader Henry Okah, who is on trial for gun-running and treason, welcomed a government amnesty offer and could soon be released, according to lawyers on Thursday.

Okah is the suspected leader of the Movement for the Emancipation of the Niger Delta (MEND), the region's main militant group, whose attacks in the last six weeks have wreaked havoc on Nigeria's oil sector.

If Okah is released, it would raise hopes that other militants would lay down their weapons in the Delta, the heart of Africa's biggest oil and gas industry.

President Umaru Yar'Adua, who announced an amnesty programme for all Niger Delta gunmen last month, extended the clemency offer to Okah and promised to release him if he accepted.

"Okah welcomed the amnesty," one of Okah's lawyers, Wilson Ajuwa, said.

"We are in the process of finalizing it. Hopefully, it will be resolved early next week."

REUTERS

News in brief

POLITICAL MEETING Costa Rica's president held mediation talks on Thursday with the rivals for power in Honduras as international pressure grew for the return of ousted President Manuel Zelaya after last month's coup.

LONG RETURN Pakistan will start bringing people displaced by fighting between security forces and Taliban militants in the northwestern Swat Valley back home from next week, Prime Minister Yusuf Raza Gilani says. REUTERS

Start Saving Money Today!

CUBA 85 ¢/min
INDIA 5.9 ¢/min
PHILIPPINES 11.9 ¢/min

Latin America
Colombia from..... 3.9 ¢
Ecuador.....12.9 ¢
Guatemala.... 10.9 ¢
Guyana.....27.9 ¢
Honduras.....15.9 ¢
Trinidad..... 7.9 ¢

South Asia
Afghanistan..24.9 ¢
Bangladesh from 3.9 ¢
Bhutan.....15.9 ¢
Nepal from.....7.9 ¢
Pakistan.....5.9 ¢
Sri Lanka.....11.9 ¢

Middle East
Egypt..... 14.9 ¢
Iran. from..... 3.9 ¢
Syria..... ..... 18.9 ¢
Lebanon ..... 9.9 ¢
Saudi Arabia from 3.9 ¢
U.A.E.....16.9 ¢

Comwave Guarantees you the Lowest Rates to Call Anywhere in the World, For Life. So Even if you're Paying Less than our Advertised Rates, Call Today and we'll Beat it... GUARANTEED!

No Matter Where You Call, No Matter What Rate You Pay, Comwave Will Beat it... Guaranteed!

The Comwave Bundles

INTRODUCING The North America 500
$5 /month = 500 Minutes per Month
U.S.A Canada
only 1¢ /min

Call over 20 Countries only 1¢ /min
The Comwave Global Bundle
$10 /month = 1000 Minutes per Month = 1¢ /min
Argentina Belgium Brazil Canada China Denmark France
Germany Hong Kong Ireland Israel Italy Mexico Poland
Portugal Russia Singapore Spain Sweden UK USA

Make Long Distance calls to Anywhere in the World from your Cell Phone at Comwave's GUARANTEED Lowest Rates
✓ No need to cancel your service provider.
✓ $10 Free Long Distance for every friend you refer
✓ No Contracts

comwave 1-866-380-6055

Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Terms and conditions apply. Please see www.comwave.ca for full details. Calls to overseas mobile phones may be billed at a higher rate. The Comwave Global Bundle does not include calls to overseas mobile phones. Calls to Argentina on this bundle are to Buenos Aires. Calls to Brazil on this bundle are to Rio De Janeiro and Sao Paolo. Calls to Mexico on this bundle are to Mexico City and Monterrey. Calls to Russia on this bundle are to Moscow and St. Petersburg. North America 500 does not include calls to the Yukon, Nunavut, Hawaii ,Alaska or N.W.T. Terms and Conditions apply see www.comwave.net for details. While Comwave strives for accuracy in our advertising, Comwave reserves the right to correct any error in pricing or information at any time.

LOCAL
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
Distribution Mgr, George Acimovic

NATIONAL
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Comment

Pension reform upon us

Growing pressure on government for new offerings

InBusiness

Charles Davies

PensionSeries

(Editor's note: This is the final part of a three-part series by Charles Davies on pension plans.)

As Canada's population rapidly ages, financing retirement has become a huge concern. Existing public pensions won't provide enough money (the Canada Pension Plan covers only about 25 per cent of our needs while the Quebec Pension Plan has serious funding troubles), entitlements and personal savings are inadequate, and company pension plans are either underfunded or cover too few people.

All this adds up to growing pressure on government to come up with new public pension offerings to help fill the gap. There are two proposals that could gain traction.

The first is the Canada Supplementary Pension Plan, an idea first promoted last year by pension guru Keith Ambachtsheer from the C.D. Howe Institute. The CSPP would work like the CPP, with voluntary payroll deductions (to an annual maximum of $20,000) put into individual retirement savings accounts. The funds would be managed by a body that is arm's length from government, not unlike the Canada Pension Plan Investment Board. The goal would be to combine eventual income from the CSPP with other forms to replace at least 60 per cent of pre-retirement income.

A second proposal is the Universal Pension Plan espoused by the Canadian Association of Retired Persons (CARP), the lobby group for middle-aged and senior Canadians. The UPP would essentially be an extension of the existing CPP and would also be similar to the CSPP. Unlike the CSPP, however, contributions would be mandatory, and the goal would be to replace 70 per cent of pre-retirement income.

Other variants of public plans are being talked about in Alberta and British Columbia. So far, Ottawa is ignoring the issue, perhaps because it has more immediate problems. The pension crunch isn't going away, though. If you believe CARP, it won't just be the poorer classes that will strain to make ends meet for the rest of their lives.

It's already happening. Go into any big box retailer and check out the staff. Chances are many are people who have "retired" from their principal jobs, but who seriously need this income.

For younger baby boomers, those who have a decade or so before normal retirement, the prospect of working indefinitely won't sit well. Count on them putting the heat on politicians to extend the CPP or come up with an additional plan. Of necessity, a new era of pension reform is upon us.

Charles Davies is a veteran business writer who has worked for Canadian and international news organizations.

Views

Every which way but loose on Burrard Bridge

UrbanCompass

Paul Sullivan

metronews.ca/sullivan

Armageddon is scheduled to arrive Monday, just in time for rush hour.

That's when the Burrard Bridge bike lane will go into effect. In case you've spent the last few months on some Happy Planet (along with Mayor Gregor the Good) and missed the memo, here's what's going down:

- The west curb lane of the bridge to Kitsilano becomes a bike lane;
- The west sidewalk of the bridge will be for pedestrians only;
- The east sidewalk becomes a bike path into downtown.

Who will fire the first shot?

Some deranged motorist, incensed that one of the bridge's six lanes will now be reserved for 1.9 per cent of its traffic?

A pedestrian used to walking over the bridge on the east side required to cross over to the other side of the rat maze — and then back again?

A bicyclist who's not sure why there's a big fat bike lane going south but only a sidewalk going north?

Some poor confused sap who wanders in circles in the middle of rush hour traffic?

This living lab experiment is brought to you by Gregor the Good, Vancouver's mad social engineer, the same guy who brought those notorious homeless shelters to the seawall. You have to admit, he's not afraid to do stuff, even if it is weird stuff.

"This living lab experiment is brought to you by Gregor the Good, Vancouver's mad social engineer ..."

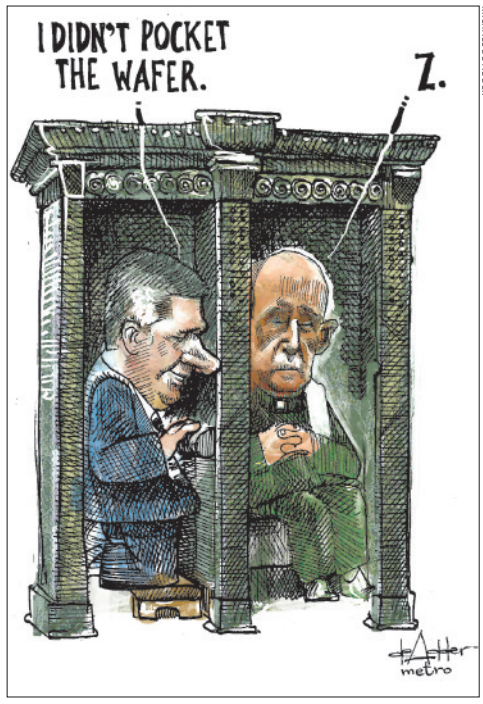
I've logged many miles as a runner, a cyclist and a motorist over that bridge and like every other citizen over the age of four, I have my own solution: Why not put up a rail or a fence? It would prevent people from falling into traffic — what everyone is afraid of — but the maze masters are worried a fence or rail will take up too much space, making an already tight squeeze even tighter. Guess they've never cycled across the Second Narrows — talk about tight.

The scheme set to unfold Monday is disruptive and complex and will inconvenience thousands of commuters. If all hell doesn't break loose on the first day, the experiment is scheduled to last at least three months, plenty of time for tempers to fly as people stuck in traffic watch a few cyclists whiz over the bridge while they sit and stew and think about the next time they get to vote for mayor.

If you think this is weird, Gregor the Good's ultimate solution is to spend $45 million on a new pedestrian/cycle bridge, or $56,000 per cyclist.

And if that's not enough to induce road rage, you're just not part of the human, uh, race.

Paul Sullivan is a Vancouver-based journalist and owner of Sullivan Media Consulting; vancouverletters@metronews.ca.



MICHAEL DE ADDER

Letters

Media to blame for calling Toronto 'centre of universe'

Re: Dumping on Toronto (July 8)

I recently moved to Toronto from Vancouver with my wife (with every intention of moving back I might add). I have to say reading this article stirred somewhat of a bipolar reaction within my mind.

On one hand, I have a tremendous amount of pride when it comes to anything Vancouver-related. On the other hand, my viewpoint has changed quite drastically of Torontonians and the city of Toronto since moving here last September.

I really believe it's the media that creates this "Toronto is the centre of the universe" type of statement.

However, after living here for almost a year now, I have to say that most Torontonians don't carry that kind of attitude where they are flamboyantly expressing the greatness and the sheer magnitude of the city. In fact, when I tell everyone we moved from Vancouver, they simply reply with, "Why?"

Many people who live here admire and love Vancouver and have nothing but good things to say about the West Coast. But when you talk about Toronto in Vancouver, it's all daggers and bullets.

There are many things that are lovable about Toronto. It's much more "glitzy" than Vancouver. I would equate Toronto to Paris Hilton (the first person that popped into my head) and Vancouver to Sarah McLachlan; both of whom are celebrities in their own rights, but represent two completely different cultures.

I believe that through your article (and other journalists out there) you are contributing to this completely fictitious war of which Canadian city is better.

Vancouver pride is great, but when it comes to giving credit to where credit is due, Vancouver lacks this. Toronto will admit any day that Vancouver is better than Toronto. Vancouver will not.

DALE MIN, TORONTO

Tell us your views by email to vancouverletters@metronews.ca or comment on metronews.ca or on Twitter @vancouvermetro

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

METRO Vancouver 1190 Homer Street, Suite 250, Vancouver, BC V6B 2X6, Tel: 604-602-1002; Fax: 1-866-254-6504; Advertising: 604-602-1002 • adinfovancouver@metronews.ca; vancouver_distribution@metronews.ca; News: fernando.carneiro@metronews.ca

Activists urge California to start taxing pot
California has been burning through its cash without a budget agreement and is issuing IOUs for tax refunds. The legislature is being urged by marijuana activists to consider taxing the drug to help raise revenues in order to close a $26.3-billion budget gap. REUTERS

Business

DOLLAR		OIL	TSX
0.39¢	C$ 86.04¢ US US$ $1.1623	$60.41 US 27¢	9,773.92 120.47

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

GM ready for reinvention

A shiny new General Motors Corp. will rise Friday from the twisted heap of metal — and crippling debts — of the old.

It will have fewer workers and brands, but it will have billions of dollars in government bailouts.

After clearing last minute court hurdles Thursday, GM was expected to announce Friday that it is poised to exit from Chapter 11 bankruptcy protection in the United States. There is widespread speculation it will unveil a new look, changing its square logo from blue to green to show consumers that it really is leaner and greener. It is also slashing jobs in a drastic bid to cut its costs.

But experts say GM must produce vehicles that people want to buy and change its image from a lumbering bureaucracy that makes gas guzzlers to one on the cutting edge of efficiency and quality.

"What they have to change is the essence of the company. For a car company, that means the cars," said Joseph D'Cruz, professor of strategic management at the University of Toronto.

The Canadian operations will be unaffected by Friday's announcement. GM Canada went through its own painful restructuring, though it did not file for court protection here.

TORSTAR NEWS SERVICE

Google-Microsoft war may cut PC prices

TECHNOLOGY Google Inc.'s bid to compete with Microsoft Corp.'s Windows operating system may help lower the cost of personal computers even as prices are already being pinched by inexpensive netbooks.

Google said it will offer its just-announced Chrome operating system for free when it is launched in the second half of 2010, a move that could force Microsoft into a price war.

Although Windows is installed on 90 per cent of the world's PCs, Microsoft won't take Google's challenge lightly, analysts said. Its new Windows 7 operating system will be available in October.

"Microsoft's strategy is likely to be to compete on price," said Brent Williams, an analyst with the Benchmark Co. "Now there's a competitor with the muscle and the brand recognition. Google is that company."

Google said Chrome OS, based on the open-source Linux code, is being designed for all PCs but will debut on netbooks. REUTERS

RICK WILKING/REUTERS

Google CEO Eric Schmidt, former Microsoft CEO Bill Gates, and Nathan Myhrvold of Intellectual Ventures share a laugh outside the Sun Valley Inn in Sun Valley, Idaho. Google has announced the Chrome operating system, which will compete with Microsoft Windows.

Business in brief

MADOFF Arch swindler Bernard Madoff will not appeal the 150-year prison sentence he received for masterminding a global multibillion-dollar investment fraud, his main lawyer said Thursday. Madoff, 71, was given an effective life term for Wall Street's biggest swindle after pleading guilty to criminal charges, including securities fraud, money laundering and perjury.

AUTO The Obama administration's new $1-billion US "Cash for Clunkers" program, which pays consumers up to $4,500 in credit to swap gas-guzzlers for new, more fuel efficient models, has been lauded by car dealerships since it was signed into law in June. Backers hope the program will sell 250,000 new vehicles this year.

GERMANY The German economy may have exited a recession in the second quarter of this year, a senior government official said on Thursday. REUTERS

Turn 5 debit purchases a week into $910 in annual savings.*

Turn debit purchases into savings with our free *Bank The Rest*® savings program. It's so easy you won't even know you're doing it. Visit your local branch to find out how.

banktherest.com

You're richer than you think.®

Scotiabank®

® Registered trademarks of The Bank of Nova Scotia.
* Based on debit purchases using your *ScotiaCard* of $6.50, 5 times a week, rounded up to the next multiple of $5.

Phelps breaks butterfly record

Michael Phelps broke the 100 metres butterfly world record by clocking a time of 50.22 at the U.S. championships on Thursday. Phelps bested the old mark of 50.40 by 0.18 seconds. METRO NEWS SERVICES

Sports

Clips ink No. 1 pick

The Los Angeles Clippers signed Blake Griffin, the top overall pick in the 2009 draft, on Thursday. Per team policy, terms of the deal were not disclosed. The 2009 National Player of the Year, Griffin averaged 22.7 points and 14.4 rebounds in his sophomore season for the Oklahoma Sooners. METRO NEWS SERVICES

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

Lions looking to bounce back

CFL PREVIEW

B.C. vs **Hamilton**

AT

7:30 P.M., TSN/TEAM 1040

After a tough loss last week, the Lions will be looking to get into the win column in this young CFL season Friday against Hamilton. A strong team performance would go a long way toward building momentum for the foreseeable future.

MORE PRODUCTION: The Lions offence needs to be better, especially their go-to players. Last week against Saskatchewan QB Buck Pierce threw for just one touchdown with two interceptions and was a dismal 17of 33. Receivers Geroy Simon and Paris Jackson combined for just 57 yards and no TDs.

INJURED BACK: Running back Tyler Ebell draws into the lineup tonight as he replaces the injured Ian Smart who left last week's game midway through the third quarter with a groin injury. He is expected to be back as early as next week.

PORTER'S TEAM: The Ti-Cats offensive line struggled last week against the Argonauts allowing QB Quinton Porter to be sacked six times. Porter, who many experts believe has the potential to be a top quarterback in the league was by far their best player in Week 1, rushing for 62 yards and throwing for 229.

DANIEL HENDRIKSEN
/FOR METRO VANCOUVER

Teen sets world record in 50m breaststroke

SWIMMING Teenager Amanda Reason broke the world record in the women's 50-metre breaststroke on Wednesday at the Canadian trials for the world swimming championships.

The 15-year-old Reason, from Toronto, clocked 30.23 seconds to eclipse the previous mark of 30.31 seconds set by Australia's Jade Edmistone in 2006.

"This is just amazing," Reason told reporters. "I'm speechless, incredible."

The 50-metre breaststroke is a world championship event, but is not raced at the Olympics.

REUTERS

CORRECTION NOTICE

In the July 6 & 7 issues, Metro Vancouver mistakenly ran a SportsFunder ad promoting SportsFunder 2010 Raffle that ended on June 15th.

The Metro acknowledges the error as ours and apologize to valued SportsFunder lottery players and Metro readers for the mistake and inconvenience.

metro

Hitting the big time

Canadian fighter gets big break at star-studded event

MATTHEW WUEST
matthew.wuest@metronews.ca

Three months ago, T.J. Grant had never stepped into an Ultimate Fighting Championship cage. But on Saturday night, the native of Cole Harbour, N.S., will be part of what UFC is dubbing the "biggest event in mixed-martial arts history."

Grant will fight Dong Hyun Kim of South Korea in the preliminary portion of UFC 100 at Mandalay Bay Events Center in Las Vegas as part of a star-studded event that features the likes of Brock Lesnar and Georges St-Pierre.

"I remember watching all the UFCs way back like 10 or 12 years ago, before anyone even knew what it was," the 25-year-old Grant told Metro Canada on Thursday night. "No way did I imagine there would be a 100th UFC and I would be in it."

It's Grant's second bout on a four-fight UFC contract signed earlier this year. He is 14-2 overall after winning his debut against Japan's Ryo Chonan at UFC 97 at Bell Centre in Montreal in April and is riding a five-fight winning streak.

Grant landed this fight after two previous UFC bouts were cancelled. He got the call for UFC 100 to replace Quebec's Jonathan Goulet, who injured his shoulder.

Kim, nicknamed Stun Gun, has an 11-0-1 record and has two victories since joining UFC last May. Most have pegged Grant as the underdog, but that makes it a golden opportunity to get exposure and make a name for himself.

"This fight is everything to me," said Grant, who made his MMA debut in 2006 as part of Extreme Cage Combat 1 in Halifax. "I will be as ruthless in there as I need to be."

Hard to ignore attraction of superstars

FieldofPlay
Scott Russell

metronews.ca/fieldofplay

When it comes to sport there is no greater force than the power of one.

This reality has been made plain by the recent odysseys of more than one superstar.

Roger Federer's triumph over Andy Roddick at Wimbledon was a match for the ages.

The immovable force prevailed over the challenger in spite of the latter serving up rockets, which screamed across centre court. The thrill of the grass resulted in a marathon with Federer emerging as the most prolific male tennis player of all time.

To watch his journey on that day was mesmerizing — the talk around millions of water coolers the next morning.

And then there is our relentless fascination with Tiger Woods.

Golf's sparkling savant has us transfixed. The television networks are glued to his every move, even in the rare case he is not in contention. We, the fans, never tire of dissecting his every approach and tricky putt.

If we are not watching Woods, it would seem, we are not really watching the tournament at all. We are all collectively the moths to his brilliant flame.

Which brings us to the resilient Lance Armstrong.

At 37 years of age, Armstrong has returned to the Tour de France and in spite of the cloudy suspicion surrounding his magnificent past, he rides on in plain sight. Once again, Armstrong is challenging for the lead in one of the most gruelling tests sport has to offer. It is a must to check on Armstrong's progress every day although few of us would cast a second glance cycling's way in his absence. His is just that compelling a story.

Lance Armstrong

This is the stuff of legend and, throughout time, sport has been dominated by these solitary, spectacular figures.

Muhammad Ali, Jack Nicklaus and Usain Bolt have all been in that category. They are icons commanding our rapture just as Federer, Woods and Armstrong have.

It is our fascination with the outer limits of human achievement.

While we all like to think of ourselves as good team players what we truly aspire to be is an individual superstar just like them.

Scott Russell is the Host of CBC Sports Weekend seen Saturday afternoons. He has covered professional and amateur sports including nine Olympic games and numerous world championships.

EDGEWATER CASINO BC LIONS TAILGATE PARTY FRIDAY, JULY 24, 2009
ENJOY UNLIMITED BBQ, WIN COOL SWAG AND VISIT OUR BEER GARDEN!
MEET AND GREET WITH BC LIONS ALUMNI PLAYERS AND FELIONS DANCE TEAM
5PM • PLAZA OF NATIONS • TICKETS $25 • AVAILABLE AT GUEST SERVICES
DON'T FORGET TO VISIT US AFTER THE GAME FOR OUR $1,000 DRAW! BRING IN YOUR BC LIONS GAME TICKET FOR ENTRY.
DRAWING TAKES PLACE ONE HOUR AFTER EACH HOME GAME.
At the Plaza of Nations | 750 Pacific Boulevard South | Vancouver, BC V6B 5E7 | 604.687.3343 | edgewatercasino.ca
Edgewater Casino DOWNTOWN VANCOUVER
MUST BE 19 YEARS OF AGE OR OLDER. PLEASE SEE GUEST SERVICES FOR COMPLETE DETAILS.
bclc
Know your limit, play within it.
19+ YEARS

Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Movies&Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Phenomenon Pg 14

With two more films still to be made, one actor tells Metro he is still grappling with the legacy of the Harry Potter phenomenon.

Movies Pg 14

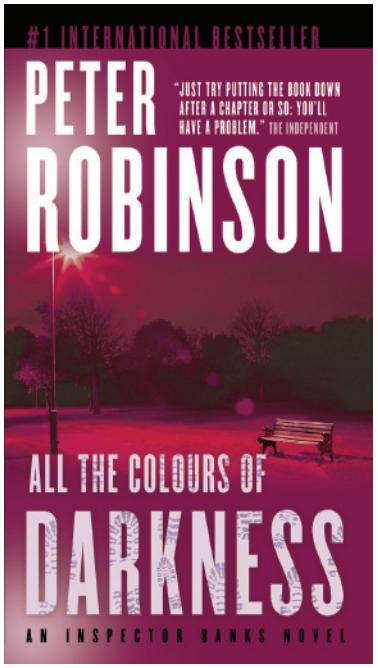
It's quite possible that Brüno tops his predecessor Borat.

Music Pg 19

Self-released artists pick up label and month-long tour.

Television Pg 18

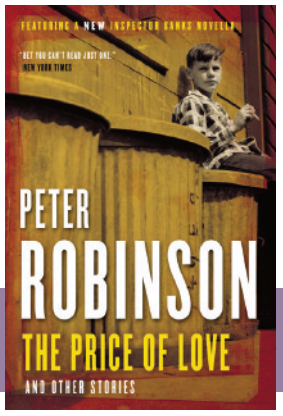
Model contestants say fame sometimes takes its toll.


#1 INTERNATIONAL BESTSELLER
PETER ROBINSON
"JUST TRY PUTTING THE BOOK DOWN AFTER A CHAPTER OR SO: YOU'LL HAVE A PROBLEM." THE INDEPENDENT
ALL THE COLOURS OF DARKNESS
AN INSPECTOR BANKS NOVEL

New in paperback from the #1 bestselling author

PETER ROBINSON

"A terrific read." —Toronto Sun



The Price of Love, a new collection of sizzling mystery stories, including three starring ***Inspector Banks.***

And look for these premium format paperbacks, available late July!

Visit www.McClelland.com to read excerpts • McCLELLAND & STEWART

At a glance
Brüno ⊕⊕⊕⊕, I Love You, Beth Cooper ⊕, Valentino: The Last Emperor ⊕⊕⊕½, Food Inc. ⊕⊕⊕

Movies

⊕⊕⊕⊕⊕ A CLASSIC; ⊕⊕⊕⊕ EXCELLENT; ⊕⊕⊕ GOOD; ⊕⊕ FAIR; ⊕ POOR

Real Draco revealed

Potter schoolmate a complete coward: Felton

ANNE BRODIE
for Metro Canada

Tom Felton, who plays Hogwart's dastardly teen wizard-in-training Draco Malfoy, is all sunny smiles while meeting press in a Toronto hotel.

It's surprising after the busy week he has had promoting Harry Potter and the Half-Blood Prince — the newest addition to the Potter movie franchise.

There was the London premiere on Tuesday night, a full day of media in Toronto, and then a quick flight to New York for an international press junket.

"Sunday, I get my roots done in England and Monday we film Deathly Hallows," says Felton.

At 21, he's an old hand at the Potter game. He was ten when he first played Malfoy and now — in the sixth Harry Potter outing — he has his most dramatic moments yet as his character takes on more of a key role in the series.

Harry Potter and the Half-Blood Prince hits theatres next week

"I was very nervous when I first read the script," he says. "I thought it might be beyond my capabilities. But I was absolutely thrilled to turn this slightly two-dimensional character into a real bundle of emotion."

Even though he has played Malfoy in five previous films, Felton says he had a revelation about his character while shooting The Half-Blood Prince.

"You assume Draco's this confident, cool, solid person when in reality he's just a complete coward. He's terrified of the world around and that's why he attempts to bully people around him. I try to do the opposite really.

"It only came to me now. It's nothing to do with his personal self, he's not bad. The people have raised him to be the way he is. I think he's desperate to be nice, but he just can't be. He doesn't have an option, he's never been taught how to."

With two more films to be made, Felton says he is still grappling with the legacy and meaning of the Potter phenomenon.

"It's crazy to think about it, but it won't sink in until later. I keep thinking about showing my (future) kids my DVDs and saying, 'Look, there's daddy when he was ten years old.'

"I'm very proud we have something hard that will always be there, proof of our existence in the world. Years later on we'll think, bloody hell, that was truly something epic."

Tom Felton returns as Draco Malfoy in Harry Potter and the Half-Blood Prince.

On the web
- For movie photos, trailers and screen times, or to buy tickets, visit metronews.ca/movies.

Movie feature

Sacha Baron Cohen reinvents himself as Brüno.

Idiotic Brüno tops bumbling Borat

Brüno
Director: Larry Charles
Stars: Sacha Baron Cohen
Classification: 18A
Rating: ⊕⊕⊕⊕

NED EHRBAR
Metro World News

REVIEW Sacha Baron Cohen follows up his 2006 hit Borat with another mockumentary about a clueless outsider exploring America — and he may well have topped himself.

The new film excels because of its more focused subject matter — celebrity and homosexuality — and its more idiotic protagonist. Whereas Borat was a bumbling outsider, out of his depths in American culture, Brüno is all swagger and confidence.

Sure, he's an idiot, but he's also his own biggest fan, which makes him that much easier to laugh at.

The story follows Baron Cohen's Austrian TV fashion reporter trying to become a celebrity in the U.S. after being sacked for disrupting Milan Fashion Week. He tries everything he can think of to become the "biggest Austrian superstar since Hitler," from trying to make a sex tape with Ron Paul to adopting a baby from Africa, but eventually realizes his sexuality is holding him back."I looked at big stars like Tom Cruise, John Travolta and Kevin Spacey, and I realized they had one thing in common — they're straight."

While many of the laughs come from shock (there is an awful lot of male genitalia in this movie), the best humour in Brüno comes when Baron Cohen lets his equally un-self-aware subjects dig their own graves.

Two public relations pros do a great disservice to their profession's reputation, displaying a level of vapidity to rival Brüno's — only they're not acting. Equally scary is a series of interviews Baron Cohen conducts with stage parents trying to get their toddlers a gig in a photo shoot he's planning.

No matter what he suggests — lit phosphorus, radical weight loss — the parents insist their babies are up for it. Once again, Baron Cohen proves that no matter how ridiculous of a character he creates, he can find real people out there that are even more ridiculous — and aren't afraid to prove it on camera.

- For Brüno photos, a trailer and screen times, or to buy tickets, visit metronews.ca/movies.

I Love You, Beth Cooper lacks fun

I love You, Beth Cooper
Director: Christopher Columbus
Stars: Hayden Panettiere, Paul Rust
Classification: PG
Rating: ⊕

ADAM NAYMAN
for Metro Canada

"Who said that this was supposed to be fun?" sneers Hayden Panetierre midway through I Love You, Beth Cooper, and it's a good question. After all, why should audiences expect anything worthwhile from veteran hack director Christopher Columbus, now eight years removed from his association with the Harry Potter franchise?

Not that there aren't some signs of ambition here. Adapted from Simpsons writer Larry Doyle's novel of the same name, I Love You Beth Cooper attempts to deconstruct the teen-coming-of-age comedy, setting up a familiar plot — hopeless geek (Paul Rust) courts his dream girl (Panettiere) across one wild, incident-laden evening — and then taking the action in (hypothetically) unexpected directions.

Unfortunately, Columbus doesn't have the sly touch or tonal control required for satire. Most of the scenes have a stilted, hesitant quality, or else end up spiralling wildly over the top (an extended sequence set at an only-in-the-movies house party is simply painful).

Panettiere is suitably perky as the film's eponymous object of desire, but at this point, the blond goddess with secret insecurity issues is a tired (and insulting) cliché.

It's almost as dire as the love-struck social misfit — with Rust doing a poor man's McLovin — or the closeted best friend (Jack Carpenter, pulling Duckie duty as our hero's quirky sidekick).

The only oasis of relief is provided by Alan Ruck as Rust's understatedly cool dad: His appearance evokes memories of Ferris Bueller's Day Off, giving us something to think about as I Love You, Beth Cooper clunks gracelessly towards its faux-bittersweet conclusion.

Hayden Panettiere plays the object of a young man's affection in I Love You, Beth Cooper.

- For I Love You, Beth Cooper photos, a trailer and screen times, or to buy tickets, visit metronews.ca/movies

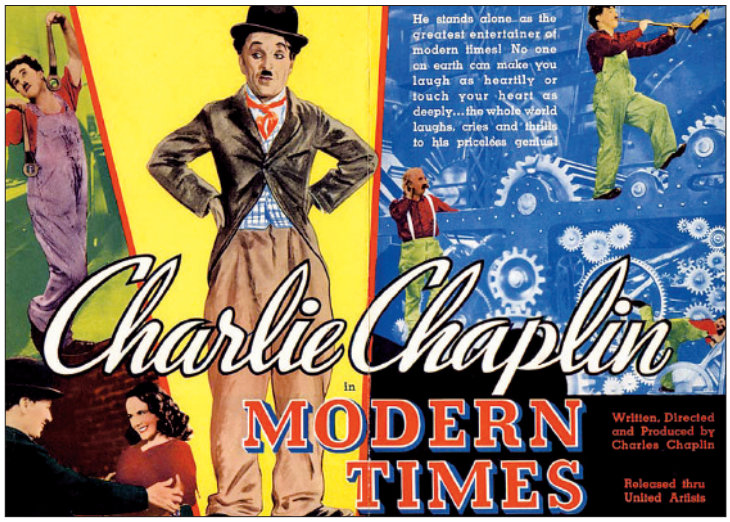
Furlong's wife seeks divorce
Edward Furlong's wife has filed for divorce. The Terminator 2: Judgement Day actor's spouse, Rachael Bella, cited irreconcilable differences in her filing at Los Angeles Superior Court earlier this week. FEMALEFIRST.CO.UK

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Before Brüno came Buster, Charlie ...

InFocus


He stands alone as the greatest entertainer of modern times! No one on earth can make you laugh as heartily or touch your heart as deeply...the whole world laughs, cries and thrills to his priceless genius!
Charlie Chaplin
in
MODERN TIMES
Written, Directed and Produced by Charles Chaplin
Released thru United Artists
Early 20th century comedians like Charlie Chaplin were among the first practitioners of film satire.

Many regard Sacha Baron Cohen's brand of humour as envelope pushing absurdity that rides the thin line between bad taste and very bad taste.

For instance, in Borat, the titular character says he came to America with "a jar of gypsy tears to protect me from AIDS." As if that wasn't squirm inducing enough, he topped it off with jabs at Jews, homosexuals, the American way-of-life and the good people of Kazakhstan.

That movie ruffled more than a few feathers upon release in 2007, and that outrage now seems to be spilling over to the release of his new film.

In Brüno, which hits theatres this weekend, he plays a campy fame-seeking fashionista who wants to be "the biggest Austrian superstar since Adolph Hitler." Rashad Robinson of GLAAD told the New York Times that while the movie's satire is "well-meaning," it's also "problematic in many places and outright offensive in others."

"It's important in life when you're dealing with the daily struggles of inequality that you take a second to sit back and laugh."
Long Island Gay and Lesbian Youth CEO David Kilmnick

As un-politically correct as the results of Cohen's modus operandi to expose homophobia are — he extracts embarrassing, often racist or downright stupid reactions from people not in on the joke — he is simply following in the cinematic tradition of using irreverent humour to hold a mirror up to society.

Silent comedians Buster Keaton, the Keystone Cops and Harold Lloyd infused their work with social commentary, using slapstick to highlight man's struggle to survive in a swiftly changing society.

Charlie Chaplin's most famous character, the perpetually down-on-his-luck Tramp, was a metaphor for "the lowest of the lower classes," a comparison that became even more poignant with the advent of the Depression.

Moving forward, director Sam Wood laced his screwball comedy The Devil and Miss Jones with comments on labour unrest and class distinctions, while Tim Robbins' mockumentary Bob Roberts was a caustically comic piece on running for Senatorial office and Monty Python members redefined irreverence with their two looks at organized religion, The Meaning of Life and The Life of Brian.

Whether or not Brüno will accomplish the goal shared by Wood and the members of Monty Python — that is to make audiences examine their own fears and prejudices — remains to be seen, but David Kilmnick, CEO of the Long Island Gay and Lesbian Youth thinks it can't hurt.

"It's important in life when you're dealing with the daily struggles of inequality that you take a second to sit back and laugh," he says. "That's always been the medicine for those who've been oppressed."

Richard Crouse's Movie Show can be seen every Sunday at 6:30 p.m. on the E! Channel; mrchaos33@hotmail.com.

YOUR ONE STOP, MOVIE SHOP.
Get the REVIEW, find out HOW MANY STARS, see whether it's FRESH or ROTTEN, watch the TRAILER, view SHOWTIMES, buy TICKETS and map THEATRES
metronews.ca

Fashion icon, warts and all

Valentino: The Last **Emperor**

Director: Matt Tyrnauer
Stars: Valentino Garavani, Giogio Armani
Classification: STC
Rating: ●●●½

PHIL BROWN
for Metro Canada

REVIEW Valentino: The Last Emperor offers audiences a privileged glimpse into the life of the legendary Italian designer Valentino Garavani. Filmed over two years, the movie is hardly a flattering puff piece.

Instead first-time director Matt Tyrnauer captures all sides of the designer, presenting not just an icon with a life of obscene wealth and celebrity hobnobbing, but a difficult artist and a perfectionist who lives in a bubble. It's a fascinating portrait that gives audiences a glimpse at a man who normally keeps the world at arm's length.

Of course, that's not to say that the movie demeans Valentino. Tyrnauer's ever-present camera simply portrays the man as he is — flaws and all. The film covers a fairly difficult period of Valentino's life as he saw his company purchased by new owners who would rather than produce the costly handcrafted clothing that defines the company.

You can tell Valentino is wary of the future and plans to end his career before the company's reputation is tarnished for a quick buck. The movie ends with a surreal $40 million party celebrating Valentino's 45th anniversary with a cavalcade of celebrities, a massive presentation of the designer's best work, a bizarre Cirque Du Soleil inspired presentation, fireworks, and ridiculously expensive catering.

Tyrnauer found an intriguing heart for his film in the symbiotic relationship between Valentino and his business partner Giancarlo Giammetti, who have barely spent a day apart in decades.

Given how guarded the pair have been for decades, it's fascinating to see the truth behind the manufactured image finally slip out, even if only for 90 minutes.

Designer Valentino Garavani and actress Anne Hathaway arrive at the L.A. premiere of Valentino: The Last Emperor.

12 Rounds tops DVD sales

Amid a dearth of high-profile video releases, as Hollywood studios hold back their big films for the fourth-quarter holiday season, movies that otherwise would have been also-rans are shooting up the rental and sales charts.

Case in point: The top-selling home video release for the week ended July 5 was 20th Century Fox Home Entertainment's 12 Rounds, which grossed just $12.2 million at the box office during its theatrical release. The action film was one of the last movies from the now-shuttered Fox Atomic division, launched two years ago to produce low-budget movies aimed at teens.

12 Rounds was No. 1 on the Nielsen VideoScan First Alert sales chart and also topped Nielsen's Bluray Disc chart during its first week in stores.

On Home Media Magazine's video rental chart for the week, 12 Rounds debuted at No. 2, right behind Warner Bros.' Clint Eastwood drama Gran Torino, which moved back into the No. 1 rental spot a month after its release. The previous week it was No. 4.

The season-five DVD set of the HBO series Entourage debuted at No. 2 on the sales chart.

Walt Disney Studios' TV movie Princess Protection Program debuted at No. 3, with Gran Torino finishing at No. 4. Rounding out the top five was another Disney release, Jonas Brothers — The Concert Experience.

REUTERS

Entertainment in brief

ANIMATION Raja Gosnell has signed on to direct Smurfs, a live action/animated movie starring the popular small blue characters created by Belgian cartoonist Peyo. Those involved with the Columbia Pictures/Sony Animation project have experience working with a hybrid blend of actors and cartoons. Jordan Kerner (Charlotte's Web) is producing.

REUTERS

Virus lands Theron in hospital

Charlize Theron spent four nights in a Los Angeles hospital last week after contracting a stomach virus, according to a U.S. tabloid report. The Monster star is alleged to have suffered severe abdominal pains. FEMALEFIRST.CO.UK

Reel Time

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

The documentary Food Inc. examines how the fast food industry transformed food production.

Plenty to chew on

Food Inc.

Director: Robert Kenner
Classification: STC
Rating: ●●●

KEVIN COURRIER
for Metro Canada

It's often been said that you are what you eat. But after a screening of Robert Kenner's incendiary documentary Food Inc. — which examines how the fast food industry radically transformed food production in North America into a stomach-churning enterprise — you just might want to redefine those terms.

While Food Inc. is thankfully not alarmist in tone, the facts it uncovers are nevertheless alarming.

Using as his guides author Eric Schlosser (Fast Food Nation: The Dark Side of the All-American Meal) and UC Berkeley School of Journalism Professor Michael Pollan (The Omnivore's Delight), Kenner examines how the mass-produced food we now consume is not only lacking in proper nutrients; it may also contain potentially harmful bacteria.

The story begins with McDonalds, who set the template for cheap assembly-line food production, then shows how American farms have now become equally uniform — and at the horrible price of creating unhealthy working conditions for both workers and livestock.

We may end up spending less for the food, but we pay dearly for it with increasing cases of diabetes, obesity and E. coli outbreaks.

It's unfortunate, however, that because many of the corporate industrial heads like Monsanto refused to be interviewed for the film, Food ends up lacking dimension.

Like An Inconvenient Truth, Food Inc. lays out its argument clearly, but it's only one side of the story.

To be a truly great documentary, Food Inc. needs a few other conflicting morsels of thought to chew on.

THE SHP FIREPLACE WAREHOUSE

- Indoor & Outdoor Gas Fireplaces
- Pellet & Wood Stoves Gas Fireplace Inserts
- Electric Fireplaces
- Gas Log Sets

BUY NOW and SAVE
with the 2009 Home Renovation Tax Credit
Also receive an additional $250 off your masonry gas insert installation

Distributors of: Savannah Heating Products Ltd. Monessen Lexington Forge

#105 - 11091 Bridgeport Road, Richmond, 604-231-8923
www.thefireplacewarehouse.ca • Mon. to Fri. 9 a.m. - 5 p.m., Sat. 10 a.m. - 4 p.m.

IMMEDIATE OPENING
ENUMERATION/REGISTRATION
• Work Avg. $22/hr. No exp.
• 15 full time positions
• Full training provided
604.451.4466

We don't play hit music. We play good music.
Evolution 107.9
Altering Radio
www.evolution1079.com
Brought to you by the Radio Students at BCIT.

Movie morsels

Angels & Demons
●●½

REVIEW Harvard Professor Robert Langdon (Tom Hanks) is back in action. Three years after he uncovered the complicated personal life of Jesus Christ in Da Vinci Code he's once again using his knowledge of symbology to unravel the mystery of a secret brotherhood called the Illuminati and prevent a terrorist act against the Vatican. What's more, he'll do it all in just one night. Sounds thrilling, yes? Unfortunately it isn't.

Richard Crouse/Metro Canada

Dance Flick
●●●

REVIEW You have to worry about a movie that begins with a thug in a dance-battle showing off by shoving his head up his own behind. Surprisingly in Dance Flick, that leading gag is actually deceptive. The latest offering in the oversaturated market of spoof-comedies (a la Epic Movie, Date Movie, etc.), Dance Flick definitely has plenty of crass material about obesity and flatulence but it also rises to the monumental challenge of trying to scrape something original out of a horribly-flogged dead horse.

Steve Gow/Metro Canada

I Love You, Man
●●●½

REVIEW I Love You, Man is a star-filled and unabashed comedy that leaves the audience feeling pleasant whether they like it or not. Normally this type of film-making can be irritatingly predictable, but writer/director John Hamburg packed his cast with the right talent and toys with conventions just enough to make audiences remember why the well-worn formulas worked so well in the first place.

Phil Brown/Metro Canada

Monsters vs. Aliens
●●●●

REVIEW There's something refreshing about a movie with a title that tells you everything you need to know about it. Part Plan 9 from Outer Space, part The Dirty Dozen, Monsters vs. Aliens is all about good, old-fashioned escapism. Just don't pay too close attention to the plot holes and lazy exposition. The movie has an all-star cast, the kind only possible in an animated movie, led by Reese Witherspoon as Susan, a bride-to-be who grows to five stories tall after being walloped by a radioactive meteor on her wedding day.

Ned Ehrbar/Metro World

Night at the Museum 2: Battle of the Smithsonian
●●½

REVIEW In 2006's Night at the Museum, technology allowed Ben Stiller to realistically wrestle all sorts of taxidermy in New York's Museum of Natural History. Now in Battle of the Smithsonian, Stiller goes to Washington D.C. and pretty much does the same thing. Well, almost. He may have gone from security guard to shilling dodgy products (like the unloseable key ring) on TV, but Larry Daley (Stiller) is still drawn back to the museum only to discover his nocturnal pals being carted off to the Smithsonian for storage.

Steve Gow/Metro Canada

Star Trek
●●●●

REVIEW In what could easily have been Star Trek: The College Years, the film brings together the crew of the USS Enterprise for their maiden voyage to do battle with a black hole-building Romulan with a chip on his shoulder (Eric Bana, with Mike Tyson-like face tattoos). In the midst of the crisis, the filmmakers reinvigorate well-worn heroes Kirk (Chris Pine) and Spock (Zachary Quinto) by sprinkling on liberal amounts of daddy issues.

Ned Ehrbar/Metro Canada

Terminator Salvation
●●

REVIEW In this unwanted and perfunctory prequel/sequel slog, the robot apocalypse's chief adversary, resistance leader John Connor (Christian Bale) is trying to find his would be teenage father Kyle Reese (Anton Yelchin) before the evil cybernetic empire called Skynet erases him, thus eliminating Connor's existence. Confused? Not as confused as supposedly executed death row prisoner Marcus Wright (Sam Worthington, who's very good in an underwritten role) who literally wakes up after a nuclear blast and spends much of the movie's running time stumbling about the desert evading android annihilation.

Chris Alexander/Metro Canada

Cineplex | Empire | AMC | Alliance Atlantis | ATNY | Criterion | Independent

This week's new releases are highlighted in pink.

Screen Times

THESE PAGES COVER MOVIE START TIMES FROM FRI., JULY 10 TO THURS., JULY 16. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

VANCOUVER

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

Adrenaline (STC) Fri-Thu 12-2-4
Adrenaline Rush: The Science of Risk (STC) Fri-Sat
Beavers (STC) Fri-Thu 11-5
Roving Mars (G) Fri-Thu 3 Fri 7:30
Van Gogh: Brush With Genius (STC) Sat 7:30

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

Alaska: Spirit of the Wild (G) Fri-Thu 6
Grand Canyon Adventure: River at Risk in 3D (G) Fri-Thu 12-2-4-8
U2 3D (G) Fri-Thu 9
Under the Sea 3D (G) Fri-Thu 1-3-5-7

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

The Hangover (18A) Fri-Mon 7-9:30 Tue 7
Harry Potter and the Half-Blood Prince (PG) Tue 12:01 Wed-Thu 3:15-7:10-15

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

Away We Go (14A) Fri-Tue 1:50-4-6:50-9
Brüno (18A) Fri-Sat 1:30-3:30-5:30-7:30-9:40-11:30 Sun-Thu 1:30-3:30-5:30-7:30-9:40
Food, Inc. (G) Fri-Thu 1:10-3:10-5:15-7:20-9:30
Harry Potter and the Half-Blood Prince (PG) Tue 12 Wed-Thu 12:50-3:50-6:50-10
Summer Hours (PG) Fri-Tue 1:20-4:10-7-9:10 Wed 1:20-4:10-9:10 Thu 1:20-4:10-7-9:10
Whatever Works (PG) Fri-Wed 1:40-4:20-7:10-9:20 Thu 1:40-4:20-9:20

GRANVILLE
855 Granville St., 604-684-4000

Angels & Demons (14A) Fri-Thu 12:55-3:50-6:45-9:40
The Brothers Bloom (PG) Fri-Thu 1:25-4:20-7-9:30
Chéri (14A) Fri-Sun 1:10-4-7:10-9:35 Mon 1:10-4-9:35 Tue-Thu 1:10-4-7:10-9:35
Departures (G) Fri-Thu 1:3:55-6:50-9:45
Little Ashes (14A) Fri-Wed 1:05-4:10-7:15-9:50 Thu 7:15-9:50
Terminator Salvation (14A) Fri-Thu 1:15-4:05-7:05-9:55
Year One (PG) Fri-Sun 1:20-4:15-6:55-9:25 Mon 1:20-4:15-9:25 Tue-Thu 1:20-4:15-6:55-9:25

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211

Crossing Over (14A) Fri-Thu 9:20
Race to Witch Mountain (PG) Sat-Sun 1:30
Sin Nombre (14A) Fri 7:30 Sat-Sun 3:20-7:30 Mon-Thu 7:30

OAKRIDGE
650 West 41st Ave., 604-263-1944

Harry Potter and the Half-Blood Prince (PG) Dolby Stereo Digital, No Passes Tue 12:01 Dolby Stereo Digital, No Passes Wed-Thu 11:30-3-6:30-9:50
Public Enemies (14A) No Passes Fri-Mon 12:30-3:45-7:15-10:30 Tue 12:30-3:45-7:15-10:30 Wed-Thu 12:30-4-7:15-10:30
Transformers: Revenge of the Fallen (14A) No Passes, Dolby Stereo Digital Fri-Mon 12-3:15-6:45-10 Tue 12-3:15-6:45-10 Wed-Thu 12-3:30-7-10:15
Up (G) Fri-Tue 1-4:15-7-9:30

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456

Kamome Diner (STC) Thu 9
Rules of the Game (STC) Fri 7 Sat 9:30 Sun 7 Mon 9:30
The Tenant (STC) Wed 7:30
Tokyo Story (STC) Fri 9:05 Sat 7 Sun 9:05 Mon 7
Traveling With Yoshitomo Nara (STC) Thu 7

PARK THEATRE
3440 Cambie Street, 604-876-2747

Ice Age: Dawn of the Dinosaurs 3D (G) Fri 2-4:15-7-9:15 Sat-Sun 11:45-2-4:15-7-9:15 Mon-Thu 2-4:15-7-9:15

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

Séraphine (G) Fri 4-7-9:30 Sat-Sun 1:15-4-7-9:30 Mon-Thu 4-7-9:30

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film

Harry Potter and the Half-Blood Prince (PG) Tue 12 Wed-Thu 3-6:30-9:15
Kill Bill: Vol. 1 (18A) Fri 12
Kill Bill: Vol. 2 (14A) Fri
Public Enemies (14A) Fri 6:30-9:15 Sat-Sun 3:30-6:30-9:15 Mon-Tue 6:30-9:15

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed 11-11:30-12-2:40-3:10-3:40-6:30-6:50-7:20-10:10-10:30-11 No Passes Thu 11-11:30-12-2:40-3:10-3:40-6:50-7:20-10:10-10:30-11
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Tue 11:30-12:20-2-3:10-4:30-5:30-7:10-8-9:50 Wed-Thu 11:40-12:30-2:10-3-4:40-5:30-7:10-8-9:40
Metropolitan Opera: The Magic Flute (STC) Sat 10
Public Enemies (14A) Fri-Sat 12:30-4-7:30-10:45 Sun-Tue 12:30-4-7:30-10:50 Wed-Thu 12:50-4-7:30-10:40 Fri-Tue 11:50-3:20-6:50-10:20
Star Trek (PG) Fri-Mon 12:40-3:45-7:10 Tue 12:40-3:45-10:15
The Taking of Pelham 123 (14A) Fri-Sun 12-3:30-7:40-10:30 Mon 12-3:30-10:30 Tue 12-3:30
Transformers: Revenge of the Fallen (14A) Fri-Mon 11:40-12:10-3-3:40-6:30-7:20-10:10-11 Tue 11:40-12:10-3-3:40-7:20-10:10-11 Wed-Thu 11:15-11:50-2:50-3:20-6:40-7:10-10:20 Fri-Tue 10:40 Wed-Thu 10:50
Up in Disney Digital 3D (G) Fri-Tue 11:45-2:15-4:50-7:25-10:05 Wed-Thu 12:40-3:30-7:15-9:50

TINSELTOWN
International Village, 88 West Pender, 3rd floor, 604-806-0799

Brüno (18A) No Passes Fri-Thu 12:30-1:15-2:45-3:30-4:15-5:5:45-6:30-7:15-8:8:45-9:30-10:15
The Hangover (18A) Fri-Thu 1:35-4:05-6:35-9:05 Fri-Thu 12:20-2:50-5:20-7:50-10:20
I Love You, Beth Cooper (PG) No Passes Fri-Thu 12-2:20-4:50-7:20-9:50
Moon (PG) No Passes Fri-Thu 12:05-2:25-4:45-7:10-9:35
My Sister's Keeper (PG) Fri-Sun 1-4-7:05-9:55 Mon 1-4-9:55 Tue 1-4-7:05-9:55 Wed 1-4-9:55 Thu 1-4-7:05-9:55
The Proposal (PG) Fri-Thu 12:50-2:10-3:25-4:55-6:10-7:30-8:50-10:10
Valentino: The Last Emperor (G) No Passes Fri-Thu 2:05-4:35-7-9:25
Whatever Works (PG) No Passes Fri-Thu 12:40-3:05-5:25-7:45-10:05

VANCITY THEATRE
Vancouver International Film Centre 1181 Seymour St., 604-683-Film

Bloody Mama (STC) Tue 8:30
Bonnie and Clyde (STC) Tue 6:30 Thu 8:30
Cinderellas, Wolves and a Charming Prince (STC) Sat 6:30
Dillinger (STC) Mon 8:10 Thu 6:30
Favela on Blast (STC) Fri 8:45
If Nothing Else Works Out (STC) Sat 8:45
Manhattan Melodrama (STC) Wed 8:10
The Public Enemy (STC) Mon 6:30 Wed 6:30
Smoking I Wait (STC) Sun 6:30-9

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313

Brüno (18A) Fri 7-8:45-10:30 Sat-Sun 3-5:15-7-8:45-10:30 Mon-Thu 7-8:45-10:30

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

The Hangover (18A) Fri-Tue 1:10-3:40-7:30-9:50 Wed-Thu 12:30-3:45-7:30-9:45
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 11:59 No Passes Wed-Thu 11:30-12-1-3-3:30-4:30-6:30-7-8:10-10:15
My Sister's Keeper (PG) Fri-Tue 1-4:20-7:15-9:45
The Proposal (PG) Fri-Tue 1:25-4:15-7-9:35 Wed-Thu 12:10-3:15-7:15-9:35
Star Trek (PG) Fri-Tue 1:05-3:50-6:45-9:30
The Taking of Pelham 123 (14A) Fri-Tue 9:40
Up (G) Fri-Tue 1:20-4-6:50-9:25 Wed-Thu 12:20-4-6:45-9:15
Year One (PG) Fri-Tue 1:30-4:10-6:40

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Brüno (18A) No Passes Fri-Thu 12:20-2:40-5:10-7:30-10:10
I Love You, Beth Cooper (PG) No Passes Fri-Thu 12:40-3:30-7-9:30
Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 12:30-3:10-6:30-9:20
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 12-2:30-5-7:10-9:40
Public Enemies (14A) Fri-Wed 1-4-7:05-10:10 Thu 4-7:05-10:10 Star & Strollers Screening Thu 1
Transformers: Revenge of the Fallen (14A) Fri-Thu 12:10-3:20-6:40-9:50

RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Brüno (18A) No Passes Fri 3:55-7:20-9:50 No Passes Sat-Sun 12:40-3:55-7:20-9:50 No Passes Mon-Thu 3:55-7:20-9:50
Harry Potter and the Half-Blood Prince (PG) No Passes Wed-Thu 3:20-6:40-10:05
Ice Age: Dawn of the Dinosaurs (G) Fri 4:55-7:15-9:35 Sat-Sun 12:20-2:40-4:55-7:15-9:35 Mon-Thu 4:55-7:15-9:35
The Proposal (PG) Fri 3:50-7:05-9:40 Sat-Sun 12:30-3:50-7:05-9:40 Mon-Thu 3:50-7:05-9:40
Public Enemies (14A) Fri 3:45-7:10 Sat-Sun 12:35-3:45-7:10 Mon-Thu 3:45-7:10
Transformers: Revenge of the Fallen (14A) Fri 3:30-6:45-9:55 Sat-Sun 12:15-3:30-6:45-9:55 Mon-Thu 3:30-6:45-9:55
Up (G) Fri 3:40-6:55-9:30 Sat-Sun 12:25-3:40-6:55-9:30 Mon-Tue 3:40-6:55-9:30

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

Angels & Demons (14A) Fri-Tue 11:50-3:10-6:40-10:20
Brüno (18A) No Passes Fri-Tue 11:15-12:15-1:45-2:45-4:15-5:6:45-7:30-9:30-10 No Passes Wed-Thu 11:15-12:20-1:45-2:45-4:15-5-6:45-7:25-9:30-10
The Hangover (18A) Fri-Thu 12:25-3:15-7:45-10:45
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:15-12:15-12:45-2-3-3:45-4:30-6:30-7-7:30-8:15-10-10:30-11
I Love You, Beth Cooper (PG) No Passes Fri-Thu 1:30-4:30-7:15-10:15
Ice Age: Dawn of the Dinosaurs (G) Fri-Tue 2-5:05 Fri-Thu 1:3:45-6:50-9:45
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 11:45-2:15-4:45-7:25-10:10
Metropolitan Opera: The Magic Flute (STC) Sat 10
My Sister's Keeper (PG) Fri-Thu 11:40-3:25-7:05-10:10
The Proposal (PG) Fri-Thu 12-4:6:55-9:55
Public Enemies (14A) Fri-Tue 11:10-12:30-2:35-3:50-6:30-7:20-10:05-10:40 Wed 11:10-12:30-2:35-4:05-6:30-7:20-10:05-10:40 Thu 11:10-2:35-4:05-6:30-7:20-10:05-10:40 Star & Strollers Screening Thu 1
Star Trek (PG) Fri-Thu 12:40-3:55-7:10-10:25
The Taking of Pelham 123 (14A) Fri-Tue 7:50-10:35
Transformers: Revenge of the Fallen (14A) Fri-Mon 11-11:30-12:35-3-3:30-4:05-7-7:30-8-10:30-10:55 Tue 11-11:30-12:35-3-3:30-4:05-7-7:30-8-10:55-11 Wed-Thu 11-11:30-3-3:30-7-7:30-10:30-10:55
Transformers: Revenge of the Fallen: The IMAX Experience (14A) Fri-Thu 12-3:30-7-10:25
Up in Disney Digital 3D (G) Fri-Thu 1:15-4:10-7:05-9:50
Year One (PG) Fri-Tue 11:55-3:05-6:35-9:40

BURNABY

DOLPHIN CINEMAS
4555 E. Hastings St., 604-293-0332

Harry Potter and the Half-Blood Prince (PG) Wed-Thu 1-4-7-9:45
Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 1-3-5-7-9
Transformers: Revenge of the Fallen (14A) Fri-Tue 1-4-7-9:45

SILVERCITY METROPOLIS
4700 Kingsway Ave., 604-435-7474

Brüno (18A) No Passes Fri-Tue 11:50-2:30-5:25-8:10-10:45 No Passes Wed-Thu 11:50-2:30-5:25-8:10-11:15
The Hangover (18A) Fri-Mon 12:20-3:40-6:35-9:15 Tue 12:20-3:40-6:40-9:15 Wed-Thu 12:20-3:40-6:35-9:15
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:45-12:30-3:15-4-7-7:30-10:45-11:15
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 11:45-2:15-4:45-7:20-9:45
The Proposal (PG) Fri-Thu 12:40-3:50-8-10:50
Public Enemies (14A) Fri-Thu 11:40-3:20-7-10:20
Transformers: Revenge of the Fallen (14A) Fri-Mon 11:30-12-12:30-3-3:30-4-6:45-7:15-7:45-10:30-11-11:15 Tue 11:30-12-12:30-3-3:30-4-7:15-7:45-11-11:15 Wed-Thu 11:30-12-3-3:30-6:45-7:15-10:30-11
Up in Disney Digital 3D (G) Fri-Thu 11:55-2:30-5-7:35-10
Year One (PG) Fri-Tue 12:50-4:10-7:25-10:10

STATION SQUARE
220-6200 McKay Ave., 604-434-7711

Angels & Demons (14A) Fri 4:30-7:05-9:45 Sat-Sun 1:45-4:30-7:05-9:45 Mon-Thu 4:30-7:05-9:45
I Love You, Beth Cooper (PG) No Passes Fri 4:50-7:20-9:40 No Passes Sat-Sun 1:55-4:50-7:20-9:40 No Passes Mon-Thu 4:50-7:20-9:40
Ice Age: Dawn of the Dinosaurs (G) Fri 3:35-5:35-7:35-9:35 Sat-Sun 1:35-3:35-5:35-7:35-9:35 Mon-Thu 3:35-5:35-7:35-9:35
My Sister's Keeper (PG) Fri 4:45-7:30-10 Sat-Sun 2:10-4:45-7:30-10 Mon-Thu 4:45-7:30-10
Star Trek (PG) Fri 4:35-7:10-9:50 Sat-Sun 1:50-4:35-7:10-9:50 Mon-Thu 4:35-7:10-9:50
The Taking of Pelham 123 (14A) Fri 4:55-7:25-9:45 Sat-Sun 2-4:55-7:25-9:45 Mon-Thu 4:55-7:25-9:45
Terminator Salvation (14A) Fri 4:40-7:15-9:55 Sat-Sun 1:40-4:40-7:15-9:55 Mon-Thu 4:40-7:15-9:55

NEW WEST/ COQUITLAM

SILVERCITY COQUITLAM
170 Schoolhouse Street, 604-523-2911

Angels & Demons (14A) Fri-Tue 11:55-3:40-6:50-10:10 Wed-Thu 6:50-10:10
Brüno (18A) No Passes Fri-Thu 12-1-2:45-4:05-5:05-7-8-10-10:55
The Hangover (18A) Fri-Thu 1:05-4:15-7:05-9:55
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:25-11:40-12:10-1:10-3-3:15-3:35-4:40-6:30-7:7:20-8:10-10:10:30-10:45
I Love You, Beth Cooper (PG) No Passes Fri-Thu 12:30-3:50-7:20-10:20
Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 11:45-1:35-2-4:10-4:30-6:50-9:20
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 12-2:30-5-7:30-9:55
My Sister's Keeper (PG) Fri-Tue 1:15-3:55-6:40-9:15 Wed 3:55-6:40-9:15 Thu 1:15-3:55-6:40-9:15 Star & Strollers Screening Wed 1
Night at the Museum: Battle of the Smithsonian (PG) Fri-Tue 7:15-9:55
The Proposal (PG) Fri 12:30-3:50-7:10-9:45 Sat-Thu 12:30-3:50-7:10-9:50
Public Enemies (14A) Fri-Thu 11:45-12:15-3:3:45-6:30-7:20-9:50-10:35
Star Trek (PG) Fri-Thu 12:20-4:15-7:25-10:30
The Taking of Pelham 123 (14A) Fri-Tue 12:35-4-7:10
Terminator Salvation (14A) Fri-Tue 1:50-4:45-7:45-10:30
Transformers: Revenge of the Fallen (14A) Fri-Tue 11:35-12:10-1-3:10-3:35-4:30-6:45-7-8:05-10:05-10:30 Wed-Thu 11:35-1-3:10-4:30-6:45-8:05-10:05
Up in Disney Digital 3D (G) Fri-Thu 12:45-3:30-6:45-9:45
Year One (PG) Fri-Thu 12:20-3:25-7:30-10:15

SURREY/WHITE ROCK/LANGLEY

CLOVA
5732-176th St., Surrey, 604-541-9527

The Hangover (18A) Wed-Thu 7
Ice Age: Dawn of the Dinosaurs (G) Fri-Tue 1:30-3:30-7
Imagine That (G) Wed-Thu 1:30
Year One (PG) Wed-Thu 9

HOLLYWOOD 3 CINEMA
7125-138th Street, Surrey, 604-592-4441

Angels & Demons (14A) Fri-Thu 4:15
Imagine That (G) Fri-Thu 2:15
Land of the Lost (PG) Fri-Thu 2:10
Monsters vs. Aliens (G) Fri-Thu 12
Night at the Museum: Battle of the Smithsonian (PG) Fri-Thu 12-2:15-4:30-6:45-9
Star Trek (PG) Fri-Thu 4:30-7
The Taking of Pelham 123 (14A) Fri-Thu 9:30
Terminator Salvation (14A) Fri-Thu 8:50
Year One (PG) Fri-Thu 12-6:55

STRAWBERRY HILL GRANDE
12161-72nd Ave, Surrey, 604-501-9400

Brüno (18A) No Passes Fri-Thu 12:10-2:20-4:45-7:30-9:45
The Hangover (18A) Fri-Thu 12:15-2:40-5:10-7:35-10:15
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 11:30-12-3-3:30-6:30-7-10-10:30
Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 12:45-3:35-6:50-9:20
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Thu 12:05-2:30-5-7:25-9:50
Kambakkht Ishq (Hindi w/e.s.t.) (PG) Fri-Thu 12:25-3:40-6:55-10:20
My Sister's Keeper (PG) Fri-Tue 12:50-4-7-9:40
New York (Hindi w/e.s.t.) (14A) Fri-Thu 12:40-3:45-7:10-10:10
The Proposal (PG) Fri-Thu 12:30-3:55-7:20-9:55
Public Enemies (14A) Fri-Tue 12:35-3:50-7:15-10:35 Wed 3:50-7:15-10:35 Thu 12:35-3:50-7:15-10:35 Star & Strollers Screening Wed 1
Short Kut (Hindi w/e.s.t.) (PG) Fri-Thu 12:20-3:25-6:45-10:05
Transformers: Revenge of the Fallen (14A) Fri-Tue 11:30-11:55-3-3:20-6:30-7:05-10-10:25 Wed-Thu 11:55-3:20-7:05-10:25

STUDIO 12 GUILDFORD
15051-101st Ave, Surrey, 604-581-1176

Brüno (18A) No Passes Fri-Mon 1:30-4-7:30-9:45-12:15 No Passes Tue 12:15-1:30-4-7:30-9:45 No Passes Wed-Thu 1:30-4-7:30-9:45
The Hangover (18A) Fri-Thu 1:20-4:20-7:40-10:25
Harry Potter and the Half-Blood Prince (PG) No Passes, Dolby Stereo Digital, Stadium Seating Tue 12 No Passes, Dolby Stereo Digital, Stadium Seating Wed-Thu 12-3:30-7:10:30 No Passes Wed-Thu 11:30-3-6:30-10 No Passes Wed 1-4:30-8 No Passes Thu 4:30-8 No Passes Thu 1
I Love You, Beth Cooper (PG) Fri-Tue 12:50-3:45-7:10-9:55-12:10 Wed-Thu 12:50-3:45-7:10-9:55
Ice Age: Dawn of the Dinosaurs (G) Fri-Thu 1:25-4:15-7:20-9:50 Fri-Tue 12:45-3:10-6:50-9:15-11:45 Wed-Thu 12:45-3:10-6:50-9:15
Kambakkht Ishq (PG) Fri-Thu 12:20-4:10-7:45
My Sister's Keeper (PG) Fri-Tue 1:15-4:25-7:10:30
The Proposal (PG) Fri-Thu 1:10-3:50-7:25-10:05
Public Enemies (14A) No Passes Fri 12:30-3:55-7:15-10:20 Sat-Thu 12:30-3:55-7:15-10:20
Transformers: Revenge of the Fallen (14A) Fri-Mon 11:35-12:10-1-3:10-3:35-4:30-6:45-7-8:05-10:05-10:30 Wed-Thu 11:35-1-3:10-4:30-6:45-8:05-10:05
Up in Disney Digital 3D (G) Fri-Thu 12:45-3:30-6:45-9:45
Year One (PG) Fri-Thu 12:20-3:25-7:30-10:15

RIALTO
1732-152nd Street, White Rock, 604-541-9527, criterionetheatres.com

My Sister's Keeper (PG) Fri 7:10-9:10 Sat-Sun 2:10-7:10-9:10 Mon-Tue 7:10-9:10
The Proposal (PG) Wed-Thu 7-9:05
Public Enemies (14A) Fri 7-9:35 Sat 2-7-9:35 Sun 2-7:30 Mon-Thu 7:30

CRITERION 4 WHITE ROCK
2381 King George Highway, 604-531-7456, criterionetheatres.com

Brüno (18A) No Passes Fri-Thu 2:20-7:30-9:35
Harry Potter and the Half-Blood Prince (PG) No Passes Wed-Thu 1:30-2-6:30-8-9:30
Ice Age: Dawn of the Dinosaurs (G) No Passes Fri-Thu 2:10-7-8:45
The Proposal (PG) Fri-Tue 2:30-7:15-9:40
Transformers: Revenge of the Fallen (14A) No Passes Fri-Tue 2-6:45-9:45

COLOSSUS LANGLEY
20090-91A Ave, Langley, 604-513-8747

Brüno (18A) No Passes Fri-Thu 12:05-1-2:30-3:35-5-7:25-8-10:10-10:40
The Hangover (18A) Fri-Thu 12:50-4:05-7:05-9:55
Harry Potter and the Half-Blood Prince (PG) No Passes Tue 12:01 No Passes Wed-Thu 10:30-11-11:30-12-2:15-2:45-3:15-3:45-6-6:30-7-7:30-9:45-10:15-10:45-11
I Love You, Beth Cooper (PG) No Passes Fri-Thu 12:20-3:40-7:20-10:20
Ice Age: Dawn of the Dinosaurs (G) Fri-Tue 11:35-12:55-2:05-4:10-4:35-7:10-9:45 Wed-Thu 11:35-12:55-2:05-4:10-4:35-7:10-9:40
Ice Age: Dawn of the Dinosaurs 3D (G) Fri-Tue 12:10-2:35-5:05-7:40-10:15 Wed-Thu 12:10-2:35-5:05-7:40-10:10
My Sister's Keeper (PG) Fri-Tue 11:40-3:05-6:50-9:40 Wed-Thu 11:40-3:05-6:50-9:50
Night at the Museum: Battle of the Smithsonian (PG) Fri-Tue 12:40-3:50-6:35
The Proposal (PG) Fri-Thu 12:35-3:55-7:05-10:25
Public Enemies (14A) Fri-Tue 11:45-3:15-6:45-10:05 Wed 11:45-6:45-10:05 Thu 11:45-3:15-6:45-10:05 Fri-Thu 12:15-3:45-7:15-10:40 Star & Strollers Screening Wed 3
Star Trek (PG) Fri-Tue 11:50-3:25-7:35-10:45 Wed-Thu 7:35-10:35
The Taking of Pelham 123 (14A) Fri-Tue 9:30
Terminator Salvation (14A) Fri-Tue 7:40-10:35
Transformers: Revenge of the Fallen (14A) Fri-Tue 11:30-12-12:30-3-3:30-4-6:30-7-7:30-10-10:30-11 Wed-Thu 11:45-12:30-3:30-4-7-7:30-10:30-11
Transformers: Revenge of the Fallen: The IMAX Experience (14A) Fri-Thu 12-3:30-7-10:15
Up in Disney Digital 3D (G) Fri-Thu 11:30-2-4:45-7:25-10:05
Year One (PG) Fri-Mon 12:05-3:10-6:55-9:35 Tue 12:05-3:10-6:45-9:20

Sacha Baron Cohen
brüno
UNIVERSAL PICTURES AND MEDIA RIGHTS CAPITAL PRESENT A FOUR BY TWO AND EVERYMAN PICTURES PRODUCTION SACHA BARON COHEN "BRÜNO"
GUSTAF HAMMARSTEN EXECUTIVE JASON ALPER MUSIC ERAN BARON COHEN SUPERVISED RICHARD HENDERSON EDITED JAMES THOMAS SCOTT M. DAVIDS ART DENISE HUDSON DAVID SAENZ DE MATURANA
DIRECTORS OF PHOTOGRAPHY ANTHONY HARDWICK WOLFGANG HELD ASSOCIATE PRODUCERS JASON ALPER PETER BAYNHAM JONAH HILL JEFF SCHAFFER DALE STERN CO-PRODUCERS JON POLL TODD SCHULMAN EXECUTIVE PRODUCERS ANTHONY HINES
PRODUCED BY SACHA BARON COHEN JAY ROACH DAN MAZER MONICA LEVINSON BASED ON A CHARACTER CREATED BY SACHA BARON COHEN STORY BY SACHA BARON COHEN & PETER BAYNHAM & ANTHONY HINES & DAN MAZER
SCREENPLAY BY SACHA BARON COHEN & ANTHONY HINES & DAN MAZER & JEFF SCHAFFER DIRECTED BY LARRY CHARLES A UNIVERSAL RELEASE
www.myspace.com/brüno
18 SEXUALLY SUGGESTIVE SCENES
STARTS TODAY!
Check Theatre Directories or www.üniversalpictüres.ca for Locations and Showtimes

30 Rock to get more airplay

Tina Fey's acclaimed NBC sitcom, 30 Rock, has locked in syndication deals with Comedy Central and WGN America. The cable networks worked together to snag the Emmy-winning series for $800,000 per episode. TVGUIDE.COM

Television

Being a Top Model can take its toll

BRIAN COULTON
for Metro Canada

It can't be easy to outlast eight model hopefuls in pursuit of the Canada's Next Top Model title, let alone to face constant criticism from the show's panel of judges. But for the competition's three finalists, their harshest criticism may have come after the show began airing.

"The show makes me seem evil," said Calgary's Nikita Kiceluk, sitting on a leopard print couch alongside fellow finalists Linsay Willier from Edmonton and Winnipeg's Meaghan DeWarreng-Waller at Toronto's CTV headquarters.

The editorial-looking finalist with straight black hair and an edgy attitude believes her bold personality and routine sarcasm was taken out of context on the show, portraying her in a negative light.

It also generated a lot of hate mail for Kiceluk who said she is unsure how the presentation will affect her career.

"I'm not going to let that get in my way and I'm not going to not model because I know people don't want to look at my face. I'm sure some people do."

Many people want to look at DeWarreng-Waller, however. She said she has had to deal with loss of the anonymity she held before entering the competition.

"I have no private life, unless it's behind closed doors," she said. "You go out and people are watching, listening, following and wanting pictures." People even want her to kiss their babies, she said; a request made of her on her plane ride to Toronto the evening prior.

Canada's Next Top Model concludes Tuesday night on CTV

But children have posed a different problem for Willier. On an early episode, mention was made of Willier's history of fighting, rendering her a "tough chick", which she said is not the case at all.

"I work with kids. I don't want kids thinking that's cool, because it's not," she said.

However, Willier maintains the belief "there's no such thing as bad publicity," despite any misrepresentation.

"Now all of Canada knows our names."

What Canada may not know is the true motivation behind the apparent mockery of recently ousted Iranian immigrant Maryam Massoumi from North Vancouver, B.C., at the hands of Kiceluk and DeWarreng-Waller.

The show's last episode showed the women imitating Massoumi's speech, which could be interpreted as racist humour.

"The whole Maryam thing was an ongoing joke between the girls in the house," said DeWarreng-Waller.

"They could think we're making fun of her because of her race, nationality or accent.

"It's none of the above."

Meaghan DeWarreng-Waller

Nikita Kiceluk

Linsay Willier

FRIDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/10/09	251	308	3	CBC	Coronatn	Jeopardy! (N)	Air Farce	Laughs	Wild Roses (CC) (DVS)		CBC News: The National (N)		Stampede
	255	358	6	JOY	E News	The Insider	Smarter Than a 5th Grader?		The E! True Hollywood Story		20/20 (CC)		News (N)
	250	321	9	CTV	etalk (CC)	Hollywood	Ghost Whisperer (CC)		Castle "Hell Hath No Fury"		Russell Peters: Red, White		News (N)
	252	336	11	GTV	Entertainment	ET Canada	The Unit "Play 16" (CC)		Mental "Obsessively Yours"		NUMB3RS "Frienemies"		News (N)
	256	389	12	VI	The Road to Avonlea		Austin Powers in Goldmember ★★ (2002) Mike Myers.				Stargate Atlantis "Duet"		News (N)
	253	359	13	CITY	Law & Order: SVU		Man Tracker (CC) (DVS)		Departures "Morocco"		Out There	Out There	The CityNews
	-	-	14	CW	Deal-No Deal	Deal-No Deal	Privileged (CC)		Hates Chris	The Game	Seinfeld	Seinfeld	Frasier (CC)
	289	381	15	CBS	Entertainment	The Insider	Ghost Whisperer (CC)		Flashpoint "Remote Control"		NUMB3RS "Frienemies"		News (N)
	287	379	16	NBC	Evening Mag.	Inside Edition	The Chopping Block (N)		Dateline NBC (CC)				News (N)
	288	380	21	ABC	Fortune	Jeopardy! (N)	Surviving	Goode Family	Jim	Jim	20/20 (CC)		News
	290	382	23	FOX	Two Men	Two Men	Smarter Than a 5th Grader?		Mental "Obsessively Yours"		News (N)	Most Wanted	Family Guy
news	502	390	26	NW	CBC News: the fifth estate		CBC News: The National (N)		CBC News: The National		CBC News: the fifth estate		National
	500	500	33	CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22	RSP	Sportsnet	MLB Baseball Texas Rangers at Seattle Mariners. (Subject to Blackout)					Sportsnet Connected (Live)		Sportsnet
	400	400	30	TSN	CFL Football	CFL Football Hamilton Tiger-Cats at BC Lions. From BC Place Stadium in Vancouver.						SportsCentre	SportsCentre
family	552	543	25	YTV	The Next Star (CC)			Family Biz	Prank Patrol	Prank Patrol	Family Biz	Adrenaline	Mystery Hnt.
	555	545	30	TEL	Batman	Spider-Man	Wolverine	Justice	Futurama		(:25) Blade II ★★ (2002) Wesley Snipes, Kris Kristofferson.		
cable variety	268	354	5	KNO	Striking Back		Poirot "Incredible Theft"		Life Begins (CC)		(:02) Salesman ★★★ (1969) Paul Brennan.		
	575	583	20	CMT	Best of CMT Music Awards Memorable moments.				Crossroads		Best of CMT Music Awards		
	615	520	31	A&E	The Cleaner (CC)		Criminal Minds "Damaged"		CSI: Miami "Breathless"		CSI: Miami "Slaughterhouse"		The Cleaner
	521	560	24	TLC	Dress	Dress	What Not to Wear "Holly"		Dress	Dress	What Not to Wear "Cathy"		What Not
	616	522	29	SHO	The Outer Limits (CC)		BeastMaster (CC)		Kenny	Kenny	Trailer Park	Trailer Park	Webdreams
	294	650	27	TBS	Music and Lyrics ★★★ (2007) Hugh Grant, Brad Garrett.				Sex and-City	Sex and-City	Must Love Dogs ★★ (2005) Diane Lane.		
	603	561	32	FN	Diners	Diners	Ramsay's Kitchen		Unwrapped	Unwrapped	Bobby Flay	Dinner	Diners
	320	621	30	CEN	(6:10) Silk ★ (2007) (CC)		Death Race ★★ (2008) Jason Statham.				(:45) The Bourne Ultimatum ★★★ (2007) Matt Damon.		
	581	566	101	MTV	True Love	The X Effect	Cribs (CC)	Cribs (CC)	Canada's Next Top Model		True Love	The X Effect	Model

SATURDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/11/09	251	308	3	CBC	Calgary Stampede: Rangeland Derby			Track and Field		News (CC)	All Access Concerts (N)	
	255	358	6	JOY	Out There	E News	Rich Poor	Rich Poor	The Secret of Hidden Lake (2006) Rena Sofer. Premiere.			News (N)
	250	321	9	CTV	W-FIVE-Swans		Lies My Mother Told Me (2005) Joely Richardson.				Law & Order: SVU		News (N)
	252	336	11	GTV	Doc "Wedding Bell Blues"		Doc "Eminent Domain"		Doc "The Great Wall" (CC)		Doc "Choices of the Heart"		News (N)
	256	389	12	VI	New Canoe	Island Week	The Road to Avonlea		Kool Countdown (CC)		Comedy Now	Comedy Inc.	Bravo! Fact
	253	359	13	CITY	Without a Trace "Prodigy"		Taste City	Out There	Tail Lights Fade ★★ (1999) Denise Richards. (CC) (DVS)				Role
	-	-	14	CW	CSI: NY "Admissions" (CC)		Boston Legal (CC)		Boston Legal (CC)		CSI: NY "Personal Foul"		CSI: Miami
	289	381	15	CBS	Light Relief	Paid Program	48 Hours Mystery (CC)		Harper's Island "Gasp" (N)		Harper's Island "Sigh"		News (N)
	287	379	16	NBC	Backroads	Inside Edition	Kings "Javelin" (N) (CC)		Law & Order: Criminal Intent		Law & Order: SVU		News (N)
	288	380	21	ABC	Fortune	Jeopardy!	Wipeout (CC)		Castle "Hell Hath No Fury"		Eli Stone "Flight Path"		News
	290	382	23	FOX	Two Men	Two Men	Cops (CC)	Cops (N) (PA)	America's Most Wanted		News (N)	Most Wanted	MADtv (CC)
news	502	390	26	NW	Doc Zone (CC)		Sat. Report	Our World	Sat. Report	Mansbridge	Doc Zone (CC)		Sat. Report
	500	500	33	CNN	Newsroom		Campbell Brown		Larry King Live		Newsroom		Newsroom
sports	407	419	22	RSP	Sportsnet	MLS Soccer Toronto FC at San Jose Earthquakes. (Live)				Sportsnet	Sportsnet Connected (Live)		Poker
	400	400	30	TSN	NASCAR Racing: Sprint Cup		SportsCentre (Live) (CC)		Boxing Friday Night Fights. (Taped) (CC)				SportsCentre
family	552	543	25	YTV	Prank Patrol	Prank Patrol	Survive This	Adrenaline	In Real Life "Dirty Jobs"		Prank Patrol	Prank Patrol	Mystery Hnt.
	555	545	30	TEL	Happily N'Ever After ★ (2007, Comedy) Freddie Prinze Jr.				Futurama	Chicken	Clone High	Rick & Steve	Moral Orel
cable variety	268	354	5	KNO	National Geographic (CC)		Heartbeat (CC)		Midsomer Murders Investigating the murder of a couple.				Jazz
	575	583	20	CMT	Reba (CC)	Reba (CC)	Sessions	Sessions	The Newton Boys ★★ (1998) Matthew McConaughey, Skeet Ulrich.				
	615	520	31	A&E	The Fugitive	The Cleaner (CC)		Tattoo High.	The Fugitive ★★★ (1993) Harrison Ford, Tommy Lee Jones. (CC)				
	521	560	24	TLC	48 Hours: Hard Evidence		Dateline: Real Life Mysteries		Dateline: Real Life Mysteries		48 Hours: Hard Evidence		Detectives
	616	522	29	SHO	(6:00) Dr. Jekyll & Mr. Hyde		The Perfect Child (2007, Drama) Rebecca Budig. (CC)				Night at the Museum ★★ (2006) Premiere.		
	294	650	27	TBS	(6:30) Failure to Launch ★★ (2006) (CC)		The Holiday ★★ (2006) Cameron Diaz, Kate Winslet, Jude Law. (CC)						Clueless (CC)
	603	561	32	FN	Kitchen Nightmares (CC)		Chef Jeff Project (CC)		Challenge (CC)		The Next Food Network Star		Nightmares
	320	621	30	CEN	(6:30) Igor ★★ (2008) (CC)		The Duchess ★★★ (2008) Keira Knightley. Premiere. (CC)				(9:50) Elizabeth: The Golden Age ★★ (CC)		
	581	566	101	MTV	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Canada's Next Top Model		Canada's Next Top Model		Model

SUNDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/12/09	251	308	3	CBC	Heartland "Showdown!"		Calgary Stampede Championship. (Same-day Tape) (CC)				CBC News: Sunday Night (N)		News (CC)
	255	358	6	JOY	Mysteries	Mysteries	Extreme Makeover: Home		D. Richards	Kendra (N)	Kardashians	Candy Girls	News (N)
	250	321	9	CTV	Corner Gas	Degrassi	Merlin (N) (CC)		Cold Case "Lotto Fever"		Without a Trace (CC)		News (N)
	252	336	11	GTV	16:9 Picture	Amer Dad	Big Brother 11 (N) (CC)		Family Guy	Simpsons	Simpsons	Family Guy	News (N)
	256	389	12	VI	Home Videos	Jeff Ltd.	America's Got Talent (CC)		Desperate Housewives		Canada's Next Top Model		New Canoe
	253	359	13	CITY	Two Men	Hates Chris	Kings "Javelin" (N) (CC)		Royal Pains (CC)		Crusoe (CC)		Role
	-	-	14	CW	Valentine "She's Gone" (N)		Hoosiers ★★★ (1986) Gene Hackman, Barbara Hershey.				Seinfeld	Seinfeld	Cold Case
	289	381	15	CBS	60 Minutes (CC)		Big Brother 11 (N) (CC)		Cold Case "Lotto Fever"		Without a Trace (CC)		News (N)
	287	379	16	NBC	Great American Road Trip		Merlin (N) (CC)		Meteor (2009) (Part 1 of 2) Christopher Lloyd. Premiere.				News (N)
	288	380	21	ABC	Home Videos	Just Laughs	Extreme Makeover: Home		Desperate Housewives		(:01) Brothers & Sisters		News
	290	382	23	FOX	'Til Death	Amer Dad	Simpsons	King of Hill	Family Guy	Simpsons	News (N)	Sports	House (CC)
news	502	390	26	NW	Sex Slaves Sex trade in Europe and its ties to Canada.				CBC News: Sunday Night		Sex Slaves (CC)		
	500	500	33	CNN	Newsroom		State of the Union		Larry King Live		State of the Union		Union
sports	407	419	22	RSP	MLB Baseball		Sportsnet Connected (Live)		Air Racing		Sportsnet Connected (Live)		Sportsnet
	400	400	30	TSN	SportsCentre (Live) (CC)			Motoring	Premier League Poker III (N)		Premier League Poker III (N)		SportsCentre
family	552	543	25	YTV	(6:00) Rebound ★★ (2005)		Prank Patrol	Prank Patrol	In Real Life "Farm Frenzy"		Adrenaline	Survive This	Mystery Hnt.
	555	545	30	TEL	Stoked (N)	Totally Spies	6TEEN	6TEEN	Futurama	Punch (CC)	Life's a Zoo	Life's a Zoo	Rick & Steve
cable variety	268	354	5	KNO	Shark Sonics (CC)		Fat Chance (1991) John Thaw, Kevin Whately. (CC)				Life Begins (CC)		Jazz
	575	583	20	CMT	Honeymoon in Vegas ★★★ (1992, Comedy) James Caan.				Rascal Flatts -- Sunset Strip		Honeymoon in Vegas ★★★ (1992)		
	615	520	31	A&E	Hammertime	Hammertime	Hammertime	Hammertime	Dog	Dog	Simmons	Simmons	Hammertime
	521	560	24	TLC	World's Tallest Children		650-lb Virgin (CC)		Conjoined Twins: Sister		World's Tallest Children		I Eat
	616	522	29	SHO	The Guard "Fight or Flight"		The Haunting of Sorority Row (2007) Leighton Meester.				Rescue Me "Torch" (N)		The Guard
	294	650	27	TBS	Music and Lyrics ★★★ (2007) Hugh Grant, Brad Garrett.				Bridget Jones: The Edge of Reason ★★ (2004)				Bad News
	603	561	32	FN	Eat to Save		Restaurant Makeover (CC)		Get on Plate	Food	Iron Chef America (CC)		Eat to Save
	320	621	30	CEN	Kit Kittredge	(:45) The Dark Knight ★★★★ (2008, Action) Christian Bale, Heath Ledger. (CC)						(:20) Harsh Times ★★ (CC)	
	581	566	101	MTV	Cribs (CC)	Cribs (CC)	After	MTV News	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	MTV News

Shields signs onto family film

RETURN After a 10-year hiatus from mainstream movies, Brooke Shields is returning to the big screen in the family comedy Furry Vengeance.

Also joining the Summit/Participant Media project are Dick Van Dyke, Ken Jeong and Samantha Bee.

Brendan Fraser is playing the lead in director Roger Kumble's live-action film, which centres on a real estate developer who gets more than he bargained for from a band of raccoons when he pushes into pristine territory.

Shields will play the wife of Fraser's character.

The role marks the actress's first mainstream film work since 1999, when she starred in James Toback's hip-hop drama Black and White.

Since then, she has had parts in animated and DVD fare.

Over the past decade, Shields, who is known for such movies as The Blue Lagoon and Endless Love earlier in her career, has concentrated on television and Broadway. She starred in the recently canceled NBC comedy-drama Lipstick Jungle.

Van Dyke has had a host of television and film roles during his long career, which most recently included a turn in Shawn Levy's Night at the Museum franchise.

Jeong is fresh off his scene-stealing turn as a gangster in the summer hit The Hangover.

REUTERS

Recently

- Shields has been in the news this week for her intimate eulogy of Michael Jackson at Tuesday's memorial in Los Angeles.

Amazon.ca's top albums
1. Thriller (25th Anniversary Edition), Michael Jackson; **2.** Off The Wall, Michael Jackson; **3.** Bad, Michael Jackson; **4.** Number Ones, Michael Jackson; **5.** Essential Michael Jackson (2CD). METRO NEWS SERVICES

Music

Hometown heroes

Rural Alberta Advantage blends indie hooks, rollicking roots

BRYAN BORZYKOWSKI
for Metro Canada

As the Rural Alberta Advantage travel the highway between Vancouver and Seattle, they can't help but be amazed at how their lives have turned out. "It's so surreal," says keyboardist Amy Cole on the phone from a stretch of B.C. road. "This time last year no one would have predicted that we'd be on a month long tour outside of Ontario."

Rural Alberta Advantage's debut was re-released this week on Bright Eyes' label Saddle Creek.

It's true, a lot has happened for this infectious Toronto-based indie rock act since they self-released their debut, Hometowns, early last year. For months the disc went relatively unnoticed, but in November 2008 online music store eMusic featured them as their artist of the month. Soon enough the buzz grew and in May it was announced that the band had singed to Bright Eyes' label Saddle Creek — the label re-released their album on July 7.

While the trio is thrilled with the attention, they admit that it's been an overwhelming few months.

"It's nerve-wracking," says singer Nils Edenloff, who originally hails from Edmonton. "There is a lot of pressure having come this far and playing for people we never would have gotten a change to play for."

"But we're getting a lot of attention right now that not a lot of bands get, so we want to maximize the advantages," adds Cole.

Fortunately, the RAA should have nothing to worry about. The group's record is a brilliant collection of contagious indie hooks mixed with rollicking roots, and drummer Paul Banwatt is a monster on the skins. Not only is it incredibly catchy, but the subject matter, which is mostly about Edenloff's affection for Alberta, is easily relatable to anyone who's moved from where they grew up to somewhere new.

"We never set out to start an Alberta band and write songs about Alberta," he says. "But I found myself writing more and more about the province because that's just what I know, about things that were personal and close."

Still, playing songs about Alberta sure helps when you actually play the province. Edenloff says that his recent hometown gig "went better than I ever could have hoped for."

"When we play other places people say, 'I don't know Alberta, but I identify with the songs,'" he continues. "When we played Alberta, people said, 'I understand these songs and they really speak to me.'"

But while most audiences are hearing these songs for the first time, the RAA have been playing them for well over a year. Surprisingly, they haven't tired of their tunes yet.

"It's like we're playing them for the first time when we play for people who haven't heard them," says Cole. "That being said we're trying to work on new material on the road, so when we're eventually back home we'll have some material all ready to polish."

The Sony Walkman celebrates 30 years

SoundCheck

metronews.ca/soundcheck

Amidst all the Michael Jackson news, a milestone passed almost unnoticed — the Sony Walkman turned 30 last week.

These days, everyone has a personal music device or seven. I'm pretty sure even my dog has an iPod Nano or two. But when Sony released the 14-ounce TPS-L2 on July 1, 1979, a series of complex cascading technological, economic and social events began. The Walkman not only changed the way we listened to music but the way we interact with each other. Look around: How many people do you see with ear buds right now? Before the Walkman, you wouldn't have seen any.

Ten facts about the Walkman:

1. All personal music players owe their existence to opera. Masaru Ibuka, the co-founder of Sony, ordered that the company make a small cassette player with lightweight earphones so he could enjoy his favourite operas on his many trans-Pacific and trans-Asia flights.

2. The Walkman was based on a prototype called the Pressman.

3. At first, the Walkman was known as the Soundabout in North America and the Stowaway in the U.K. because Ibukasan hated the name "Walkman." But a screw-up in the marketing department resulted in all Soundabouts being promoted as Walkmans.

4. Original estimates were that it would sell 5,000 units a month. When it was introduced, demand was upwards of 25,000 a month. Total sales today? About 200 million.

5. The first Walkmans had two headphone jacks because no one at Sony could conceive of anyone not wanting to share their music with someone. Why would anyone want to walk around in a solitary bubble of music?

6. Sony endured a long legal battle with a German-Brazilian inventor named Andreas Pavel over his early '70s device called the Stereobelt. They finally settled in 2004.

7. Although many other companies started making personal music devices, the Walkman became such a cultural touchstone that people referred to every such device regardless of manufacture as a "Walkman." Kind of like Kleenex or Aspirin.

8. More than 300 personal CD players, MiniDisc units, digital players and even video players have all been marketed with the Walkman name.

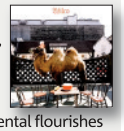
9. The proper plural form of "Walkman" is "Walkman Personal Stereos." Do not refer to two or more of them as "Walkmen."

10. Sony still makes a cassette Walkman but it hasn't been updated since 2002.

The Ongoing History Of New Music can be heard on stations across Canada. Read more at ongoinghistory.com and exploremusic.com

Metro recommends

• **Wilco (the album), Wilco:** Masterful balance of easy-going, George Harrison-esque guitar rock with experimental flourishes and artfully crafted lyrics.



• **Far, Regina Spektor, Far:** Spektor's great chops and playful vocals endear an array of intelligent piano-pop with surprising depth.

METRO NEWS SERVICES

TOP 10
MOBILE DOWNLOADS

1 I Know You Want Me Pitbull
2 I Gotta Feeling Black Eyed Peas
3 Boom Boom Pow Black Eyed Peas
4 Fire Burning Sean Kingston
5 Day 'N' Nite Kid Cudi
6 Birthday Sex Jeremih
7 Thriller Michael Jackson
8 I'm On A Boat Lonely Island
9 Knock You Down Keri Hilson
10 Kiss Me Thru The Phone Soulja Boy

rogers.com/musicstore
ROGERS

share the love with Beth & Brian

Dear Beth & Brian,

Once a month my girlfriends and I get together for a "sit-on-the-couch-double-feature-chick-flick". The other day one of our favourite movies turned into a great Breyers moment when the DVD player broke 2 minutes into the film. Making the most of our situation, I went to get us 4 bowls of Breyers® Double Churn Dark Chocolate Velvet ice cream - we forgot all about our movie night and spent the rest of the evening laughing, talking and reconnecting with each other. It was the best ending ever.

Deliciously yours,
Erin

Brian:
I love "chick-flicks", I just wish they had more car chases and aliens.

Beth:
A touching Breyers Moment is now playing in every extravagantly rich carton of Breyers® Double Churn Dark Chocolate Velvet – it's the deliciously smooth way to share the love with those who matter the most.

this is love

WIN A YEAR'S SUPPLY of Breyers® Double Churn Ice Cream!

Visit www.metronews.ca for a chance to win a year's supply of Breyers® Double Churn ice cream and a Breyers® Sharing Prize Pack for you and two friends.

You'll be able to try each new, indulgent Breyers® Double Churn ice cream flavour, Dark Chocolate Velvet, Banana Cream Pie, and Chocolate Cheesecake, and share the love with those that matter most.

No purchase necessary. Contest open to residents of greater Halifax, greater Ottawa, greater Montreal, greater Toronto, greater Calgary, greater Edmonton and greater Vancouver areas who have attained age of majority. Contest closes 11:59:59 pm ET August 28, 2009. Skill-testing question required. ARV of Grand Prize $1000. See full contest details at www.metronews.ca.

Trade-mark owned or used under license by Unilever Canada, Toronto, Ontario M4W 3R2.

Dollhouse comes back for more

The Season 2 premiere of Fox's Dollhouse will be written and directed by the man himself: Series creator Joss Whedon. The catch: You're going to have to wait an extra week to see it. The season premiere will air Friday, Sept. 25. TVGUIDE.COM

Going Out

Mix of Six

Queerwood: Lights! Camera! Auction!

Where: Roundhouse Community Theatre
When: Friday 7 p.m.

Check out a night of entertainment, short films and comedy in the 21st year of the Vancouver Queer Film Festival. Bid on more than $40,000 worth of items in the auction including cruise tickets and a trip to Australia. Info: queerfilmfestival.ca

Roots Reggae Tour

Where: Richard's on Richards
When: Friday

As the title says, a musical showcase of reggae music featuring the Abbyssinians, Mostly Marley Band, Rehanah's Roti, Piassa's Hair Salon and Patty Shop. Tickets available through Live Nation. Info: richardsonrichards.com

B.C. Cancer Foundation's Underwear Affair

Where: Seaforth Armoury
When: Saturday 6 p.m.

Come run in your underwear this Saturday to fight against cancers below the waist. The 10-kilometre run and five-kilometre walk will help fund research for "underwear" cancers including prostate, cervical, testicular and ovarian. Info: uncoverthecure.org

Subaru West Coast Triathlon

Where: Spanish Banks
When: Saturday-Sunday

Run, bike and swim with the entire family on the Spanish Banks beaches this weekend. The event includes a kid's fun run, entertainment, clinics and the triathlon itself. The main event takes place on Sunday. Info: triseries.ca

Frog Eyes

Where: The Media Club, 695 Cambie St.
When: Saturday

Singer, songwriter and guitarist Carey Mercer and the indie rock quartet from Victoria bring their act to Vancouver. Tickets available via Red Cat, Scratch and Zulu Records or at ticketweb.ca. Info: themediaclub.ca

Reverend Horton Heat

Where: The Commodore Ballroom
When: Sunday

Jim "Reverend Horton" Heath and his popular band from Texas perform their rockabilly, psychobilly-style music at the Commodore Ballroom. Tickets available through Live Nation as well as Zulu and Scratch Records. Info: reverendhortonheat.com

Metro's 7th Heaven: Metro taps what's hot right now

1 Jennifer Lynch

DIRECTOR Her last film, Boxing Helena, confounded and angered critics and even drew a lawsuit from Kim Basinger. That was so 1993. Now David Lynch's daughter is back with another bid to out-weird father with the mind-bending Surveillance. In limited release right now, the film is once again courting controversy for its gruesome images and general strangeness. Dad must be so proud.

2 U2 Mobile Album

APPLICATION Canada's own Research In Motion turns the heat on iPhone with this Blackberry bait. Although the details are still vague, it appears that the app will allow users to listen to the latest U2 album No Line on the Horizon, watch videos, and read news updates. More interestingly, users will be able to share video clips from U2 concerts.

3 Bud Light Lime

DRINK This tangy twist to our favourite beverage is fast becoming the booze of choice this summer. Launched last month, liquor stores across the country are having a hard time keeping up supplies, according to several news reports.

4 Joel Plaskett

MUSICIAN Good things come in threes. First up, the indie-rocking Haligonian's recently released triple-album racked up some glowing reviews. Then, he was shortlisted for the prestigious Polaris prize. And now he has been selected to open for Sir Paul McCartney's show this weekend in Halifax.

5 The Lost Symbol campaign

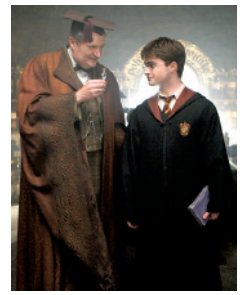
PUBLISHING The promotion for Dan Brown's new thriller is set out to be a bit of a puzzle. Publisher Doubleday announced that Brown's follow-up to The Da Vinci Code will be preceded by a summer-long procession of "codes, cryptic trivia, puzzles, secret history, maps, aphorisms" and other daily teasers on Facebook and Twitter.

6 United Breaks Guitars

VIDEO When United Airlines luggage handlers broke one of Dave Carroll's guitars and gave him a hard time when he sought compensation, the Halifax-based musician (of the band Sons of Maxwell) recorded this little ditty as his response. Now the video has gone viral, netting 220,000 hits on YouTube as of Wednesday evening. The Timmins, Ont., native is also fielding offers to appear on major networks like CNN and CBS.

7 Harry Potter and The Half-Blood Prince

FILM Pottermania strikes again. The sixth silver screen instalment of the beloved series premiered in London this week to rave reviews and screaming fans. Rest of the world won't be missing out on Hogwarts magic for too long. The film opens worldwide next Wednesday.



RECOMMENDED BY METRO READERS

Top 5 Web Designers

Sage Media Design Co.
"Great company to work with! Very professional and prompt, highly recommended for all kinds of design work."

Veratta
"Veratta did a great job on our website. I would recommend them for any large project."

Foley Lynn
"Foley is that rare blend of aesthete and technologist that is able to balance form and function in a skillful dance of knowledge and panache."

ImageX Media
"ImageX do great Drupal based web development. Ideal for large, content-management websites."

Lee Kendel
"Our shared clients have all had a great deal of respect for and comfort with Lee as a web designer. She is organized, meticulous, and a clear communicator."

Visit metronews.ca/gigpark for thousands of reader recommendations

Powered by metro and gigpark

It's now easiler than ever to have your own Web TV show

A few years ago, it would have been too expensive to create and broadcast your own web-based TV show. Now, all you needs is a laptop — or even a mobile phone with a video camera.

There are a number of websites specializing in helping you take your real-time video — streaming from a computer or a mobile phone — and transform it into your own webisode.

Here are a few of the better sites that can handle almost anything when it comes to creating video for the web.

• Qik (qik.com)

WHAT? This web service can receive video "live" from your mobile phone and stream it to the Internet simultaneously.

WHY? It's becoming more common to use your mobile video camera at conferences, demonstrations, rallies and big events — to share events and experiences in real time.

COMMENT? This is a very practical way to produce video for the net. You just record and your done. No editing or publishing. Harder to create that nail-biting drama, though.

• Bambuser (bambuser.com)

WHAT? Another web service that can receive video "live" from your mobile phone and stream it to the Internet simultaneously.

WHY? A fast service that is simple to use, and it's really a no-brainer to start your own TV channel just through embedding the video on your blog or home page.

COMMENT? Here you'll find some extra features like the possibility to "geotag" your video via your mobile's GPS (your viewers can see where you are on a Google map).

• Ustream (ustream.tv)

WHAT? Web service built around delivering longer live sessions from "real" video cameras or laptops with built-in video cameras.

WHY? There are many pages out there offering similar services (justin.tv, kyte.tv, stickam.com and more) but Ustream is easy and fast to learn and use.

COMMENT? A lot of radio stations have found Ustream and they use it to find new listenters/viewers just by adding a web cam to the studio.

• Mogulus (mogulus.com)

WHAT? Ambitious web service where you're not only able to broadcast live, but also mix in video files or use correspondents transmitting live from anywhere in the world.

WHY? With Mogulus you feel like a real TV producer in the control room. It's also easy to start your own channel with the tools Mogulus offers.

COMMENT? You'll also find interesting broadcasts you won't find anywhere else, like the one from the international space station.

"There are a number of websites specializing in helping you take your real-time video — streaming from a computer or a mobile phone — and transform it into your own webisode."

METRO WORLD NEWS

INFORMATION FEATURE

Cooking software a piece of cake

KATHY BUCKWORTH
for Metro Canada

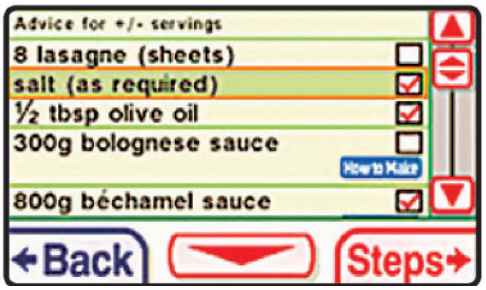
With four kids to feed on a daily basis, you'd think the last thing a busy mom would have the time to do is spend time on a Nintendo DSi. I used to think so too ... until I discovered their new software title, Personal Trainer: Cooking.

While it's not a surprise to find hundreds of recipes inside this virtual cooking coach, it's the more unique features you won't find on any cooking website or in any cookbook that make this the ideal kitchen companion, particularly when cooking with kids.

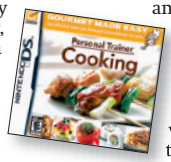
My 10-year-old daughter Bridget, otherwise known as the self-described "number one bacon fan," discovered the Ingredient Explanation section and scrolled quickly to her favourite food. "This smoked, salt cured pork belly has a smooth and tender texture." So that's what a pork belly is!

We breezed through some other explanations and then went to the Substitute Ingredients area, which I found to be extremely useful in a household where teenagers are constantly looting through my cupboards and refrigerators and stripping me of every condiment and baking ingredient. I learned that sake (not a staple in my house) could be substituted with water and a pinch of seasoning. Interesting ... but what's a pinch, really? I went to the terminology button and found that out too.

As I browsed around the program with my daughter, it occurred to me that, in my experience, having electronic equipment in a space where frequent liquids and powdery substances come into magnetic contact with little fingers might not be the best combination. I flashed back to an unfortunate incident with my kitchen counter, my laptop, and a bag of flour. However, the Nintendo folks have thought of even that.



A sample of what you will see on Personal Training: Cooking, which is now available for the Nintendo DSi.



"It's fun to use voice commands like 'continue,' 'more details' and 'repeat' so that messy hands don't get the Nintendo DS all covered in food," says Nintendo Canada's Matt Ryan.

With that in mind, Bridget and I decided to travel the Personal Trainer: Cooking world by doing just that: Travelling the world of cooking, by country. Alternate pptions include by ingredient — no Bridget, there isn't anything that includes bacon wrapped in bacon, sprinkled with bacon — requirements, or key word. We went to France and discovered a terrific recipe for onion tart (and bacon, natch), and started to follow the step by step cooking instructions.

"Personal Trainer: Cooking is a virtual cookbook that also includes ingredient checklists (which you can actually take to the store with you on your Nintendo DSi), tutorials by photo and video as well as a DS Chef that actually talks to you throughout the prep and cooking," explains Ryan.

Bridget flipped through the videos as I put together our tart. "You're doing that wrong, Mom! Try this!"

When we finished cooking, we discovered we could record what we had made, on which date, and how often. This, I think will be especially useful when the kids sit down to dinner and say, "Again? You always make this!" and I can honestly say, "Nope, not since March 3, 2009." Now pass the bacon.

MORE FUN.
MORE PLACES.
NINTENDO DS™
Easy to pick up and play!
Innovative touch screen
A large library of games for everyone in the family
4 day offer
July 10 to 13 only
Get both games plus Nintendo DS™ for only
$139.99
CROSSWORDS
Daily training to keep your mind sharp!
BRAIN AGE²
1,000+ puzzles that fit into your pocket!
Quick Play
Training
Sudoku
Download
Visit pick up and play.ca for more details.
Available at
BEST BUY
EVERYONE
Prices and products available from July 10 - 13, 2009. Available while supplies last.
Game trademarks and copyrights are properties of their respective owners. Nintendo properties are trademarks of Nintendo. © 2009 Nintendo.
Nintendo

Paltrow's detox diet

Gwyneth Paltrow is slimmer thanks to a mostly juice detox diet she followed for three weeks, usmagazine.com reports. "I feel pure and happy and much lighter," the actress writes in her GOOP newsletter. METRO NEWS SERVICES

Celebrity Buzz

Timberlake scouts out publisher for golf book

FORE! Justin Timberlake is writing a book about golf, femalefirst.co.uk reports. The singer has reportedly employed a literary agent to send out a short synopsis of the planned tome, in the hope of securing a publishing deal.

The book is said to be a memoir that follows "Timberlake's time on the green and his experiences playing with various competitors." Agent David Vigliano got in touch with several editors last month, it has been claimed.

Timberlake's love of golf is well known, and he plays with an impressive six handicap. The 28-year-old singer owns his own golf course — the Big Creek Golf Course near Memphis — and has previously admitted his proudest moment relates to the sport.

He said: "I loved appearing on the cover of Golf Digest magazine. I'm not going to lie. I mean, I'm done. I don't have to do another magazine cover ever again."

It has also been claimed Timberlake refuses to take to the course with his girlfriend Jessica Biel as she is such a strong competitor.

A source said: "He prefers not to play with her since she's gotten so good."

METRO NEWS SERVICE

GETTY IMAGES

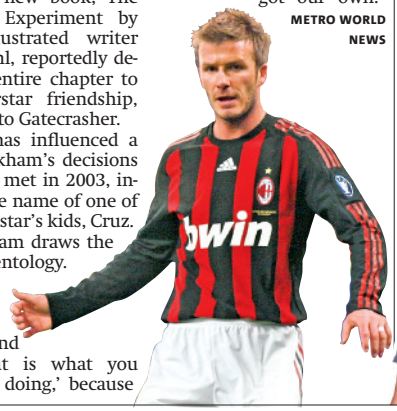
Beckham can count on Cruise

SUPERSTAR FRIENDS David Beckham has one friend he turns to for advice more than anyone else: Tom Cruise. A new book, The Beckham Experiment by Sports Illustrated writer Grant Wahl, reportedly devotes an entire chapter to the superstar friendship, according to Gatecrasher.

Cruise has influenced a lot of Beckham's decisions since they met in 2003, including the name of one of the soccer star's kids, Cruz. But Beckham draws the line at Scientology.

"He's never turned around and said, 'That is what you should be doing,' because he would never do that. He and Katie have their beliefs," Beckham says, "but me and Victoria have also got our own."

METRO WORLD NEWS



Lohan and Ronson may move

THE LOHAN TOUR? Lindsay Lohan and Samantha Ronson are looking to abandon their Hollywood Hills home now that it's become a stop on a sightseeing tour. "Just sitting at home and heard a 'star tour' bus go by my house and insult me over a loudspeaker," Ronson wrote on her Twitter account. "Think I'll put nails out tomorrow." METRO WORLD NEWS

Wardrobe malfunction

ACCIDENTAL FLASH Emma Watson laughed off an accidental red carpet wardrobe malfunction during an appearance on last night's Late Show With David Letterman, usmagazine.com reports.

The actress inadvertently flashed her underwear at Tuesday's London Harry Potter premiere while adjusting her floor-length vintage Ozzie Clark dress in the pouring rain.

"This was a small wardrobe malfunction that happens," Watson, 19, giggled to Letterman while holding her head in her hands. "I actually don't remember it happening."

There was one saving grace though. "At least I'm wearing underwear!" she joked.

METRO NEWS SERVICES

Madonna's a shrewd buyer

REAL ESTATE Looks like Madonna is a shrewder real estate buyer than everyone thought. Deeds filed for her new Manhattan townhouse show that the property was purchased for $32 million US, even though it was listed for $45 million, according to the New York Observer. And since there were no mortgage records filed as well — she doesn't have to worry about foreclosure down the line.

METRO WORLD NEWS

Reynolds may start a family

ADOPTION Ryan Reynolds and wife Scarlett Johansson are thinking about starting a family by adopting a child. "My oldest brother is adopted and I have every intention of adopting," Reynolds tells Britain's Glamour magazine. "I couldn't be more pro-adoption. There are plenty of kids in the world that need it." The pair were married in September 2008.

METRO WORLD NEWS

Spike feels for Jackon's daughter

AT THE MEMORIAL Spike Lee, who attended Michael Jackson's memorial service Tuesday, says watching the late pop star's 11-year-old daughter Paris take to the stage and talk about her father was brutal, people.com reports.

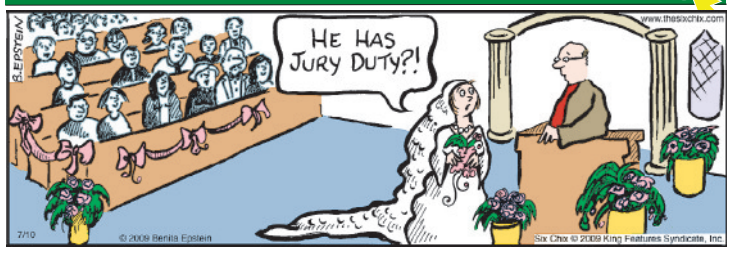
"How can you even comprehend a young daughter bemoaning the loss of their dear father, their daddy," says the celebrated film director, 52, who knew Jackson for more than a decade. "We know Michael the entertainer, but to her, that's just daddy."

In 1996, Lee travelled to Brazil to direct Jackson in his music video, They Don't Care About Us. Lee says he has never known another entertainer with Jackson's global appeal.

"I'm not trying to disrespect anybody, Elvis or Frank Sinatra, but what Michael did globally — there wasn't anybody in the world who did not love Michael Jackson," says Lee.

METRO NEWS SERVICES

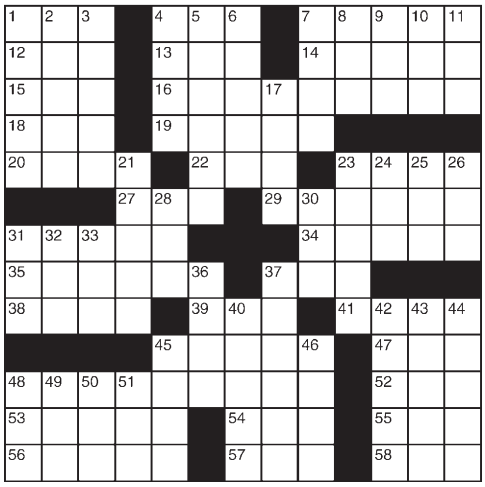
ComicsOnline — For more cartoons, visit metronews.ca



The Weather Network 20 YEARS
©The Weather Network 2008
Today Mainly sunny 23°/ 14°
Saturday Sunny 23° / 16°
Sunday Sunny 21°/ 14°
PLAN YOUR LUNCH WISELY... Download WeatherEye™ Today!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 A welcome sight?
4 "Eureka!"
7 Halloween option
12 "The — Daba Honeymoon"
13 Wager
14 Proportion
15 Gridlock component
16 Garnet variety
18 Fool
19 Steeple
20 Expert
22 — de cologne
23 Frat-party garb
27 Started
29 Cheap
31 "Cats" inspiration
34 Put into words
35 Small chicken
37 Feathery accessory
38 Osseous
39 Tokyo's old name
41 Region
45 Incarcerates
47 Crony
48 Simon's partner
52 "Hail!"
53 Pseudonym of a sort
54 Prior to
55 Trail the pack
56 Wear
57 Boar's mate
58 Crafty

Crossword down

1 Large, showy parrot
2 Embarrass
3 Ankles, to anatomists
4 Rudiments
5 Piled
6 Places in the heart
7 Verifiable
8 Operated
9 List-ending abbr.
10 Have a bug
11 Placekicker's pride
17 Very dry, as champagne
21 Polish money
23 November birthstone
24 Kyoto cummerbund
25 Card-table call
26 Consumed
28 H, to Hellenes
30 Seek the hand of
31 Go back
32 "7 Faces of Dr. —"
33 Hostel
36 Intend
37 Ravel piece
40 Levees
42 Fiery gems
43 Fleet-related
44 Plaintive poem
45 Equitable
46 Passel
48 Petrol
49 Heidi's height?
50 Carnival city
51 Distant

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	6	2		8	5	9		
	4				6			3
			1	7				
		3				1	4	
			5		8			
	9	8				6		
				9	7			
2			8				1	
		6	3	1		7	8	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

2	6	1	7	5	9	8	4	3
4	3	7	2	8	1	9	6	5
5	8	9	6	3	4	1	2	7
9	4	6	3	7	8	2	5	1
3	1	2	9	4	5	7	8	6
7	5	8	1	2	6	3	9	4
1	2	4	5	9	3	6	7	8
6	7	5	8	1	2	4	3	9
8	9	3	4	6	7	5	1	2

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Pork with Egg Noodles

INGREDIENTS:

Salt and black pepper
1 lb (500g) pork fillet
8 scallions
2/3 lb (300 g) celery
2/3 lb (300 g) small button mushrooms
1 tbsp (15 ml) olive oil
1/2 lb (230g) egg noodles
3 tbsp (45 ml) wholegrain mustard
3/4 cup (175 ml) whipping cream

METHOD:

1. Preheat oven to low setting to keep pork warm later. Put large pot of lightly salted water on to boil for noodles.
2. Cut pork into thin strips; season with pepper. Trim, rinse, and slice onions and celery; clean and slice mushrooms.
3. Heat half the olive oil in wok or frying pan over high heat and stir-fry pork 4–5 minutes, until lightly coloured. Remove and keep warm.
4. Add remaining oil to wok or pan with celery and half the scallions and stir-fry for 5 minutes. Add mushrooms and cook until soft.
5. Add noodles to boiling water, cook for 3 minutes, then drain well.
6. Stir mustard and whipping cream into vegetables and bring mixture to boil. Add pork, heat through, then season to taste.
7. Serve pork stir-fry spooned over noodles, sprinkled with remaining scallions.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to rd.ca or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes by Sally Brompton

sallybrompton.com

ARIES ♈
MARCH 21-APRIL 20
Forget about duty, forget about what other people say has to be done — your one and only aim today is to have fun.

TAURUS ♉
APRIL 21-MAY 21
Act as if important people are watching you closely today — because in all probability they are. You may be offered some kind of promotion.

GEMINI ♊
MAY 22-JUNE 21
Today's magnificent Jupiter-Neptune alignment will bring a stroke of good fortune you did not dare dream was possible.

CANCER ♋
JUNE 22-JULY 22
If what you get out of something today seems way out of proportion to what you put in, you may feel like a fraud — but you deserve your reward.

LEO ♌
JULY 23-AUG 23
According to the planets life is good and will get even better over the weekend. Spare a thought for someone who has not had it as good as you.

VIRGO ♍
AUG 24-SEPT 22
No matter how many times your ambitions have been frustrated you will enjoy some kind of success today and tomorrow.

LIBRA ♎
SEPT 23-OCT 23
Today's Jupiter-Neptune union in the sympathetic sign of Aquarius will help you to reach your full potential. Lady Luck is very much on your side.

SCORPIO ♏
OCT 24-NOV 22
You are going through a cycle where many of the things you believe are being questioned or put to the test. Don't be so fixed in your attitude.

SAGITTARIUS ♐
NOV 23-DEC 21
A friend or relative will go out of their way to make you feel good today, which in turn will make you feel good about the world as a whole.

CAPRICORN ♑
DEC 22-JAN 20
You have done what was asked of you and now you can follow a new path, one that satisfies desires that have for too long been suppressed.

AQUARIUS ♒
JAN 21-FEB 18
A once-in-a-lifetime chance to show how much you care, not just for one individual but for the world as a whole, is about to present itself.

PISCES ♓
FEB 19-MARCH 20
It may well be that someone you thought you could trust has been telling tales about you behind your back, but is it worth making a fuss about?

GET TRAINED AND START YOUR CAREER!
• Resident Care/Nursing Assistant • Bank Teller
• Hospitality • Business/Office Administration
• IT/Network Administration & Internet Security
STUDENT LOANS AND JOB PLACEMENT AVAILABLE.
Royal Canadian Institute of Technology
http://www.rcit.edu
Vancouver Campus
Tel: 604-879-5676
508 Kingsway, Vancouver
Surrey Campus
(Across from Surrey Central Sky Train Stn)
Tel: 604-588-7248
Unite 202 - 10252 135 St., Surrey

This day in history

JULY 10, 988: The city of Dublin is founded.
JULY 10, 1925: Scopes Trial: In Dayton, Tennessee, the so-called "Monkey Trial" begins with John T. Scopes, a young high school science teacher, who is accused of teaching evolution.
JULY 10, 1938: Howard Hughes sets a new record by completing a 91 hour airplane flight around the world.
JULY 10, 1966: The Chicago Freedom Movement, lead by Martin Luther King, held a rally at Soldier Field in Chicago, Illinois. As many as 60,000 people came to hear Dr. King as well as Mahalia Jackson, Stevie Wonder, and Peter Paul and Mary.

METRO NEWS SERVICES

FLIGHT CENTRE Unbeatable
LAS VEGAS 4 NIGHTS
FROM $389 + taxes & fees $110
INCLUDES roundtrip airfare and 4 nights 4-star accom on the Las Vegas Strip. BONUS tickets to Cirque du Soleil or *Disney's The Lion King* included. Offer expires July 13.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Package price is per person based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. BC REG: #1H02790

Can I be doing better with my money?

Yes. Follow BMO® SmartSteps to start saving more money.

We'll set you up on the spot to do better with your money by generating automatic savings every month, minimizing your banking fees, eliminating extra fees like overdraft charges, growing your savings tax-free, and seeing how to take years off your mortgage.

Visit a branch to start saving today.

BMO® Bank of Montreal

Making money make sense™

™/® Trade-mark/registered trade-marks of Bank of Montreal.